

# CMV EN TRANSPLANTATION RÉNALE: TRAITEMENT PRÉVENTIF OU PRÉEMPTIF ET NOUVELLES ALTERNATIVES

JOURNÉE G2I 31/3/2021

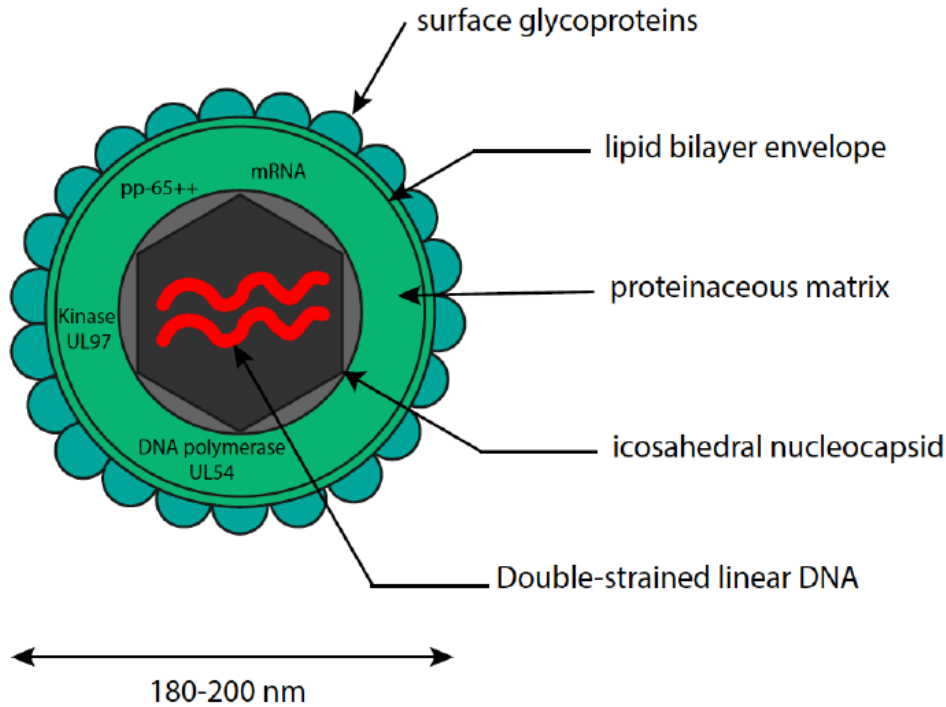
Hannah Kaminski



université  
de BORDEAUX



# STRUCTURE, TRANSMISSION



Herpesvirus

Double strain DNA

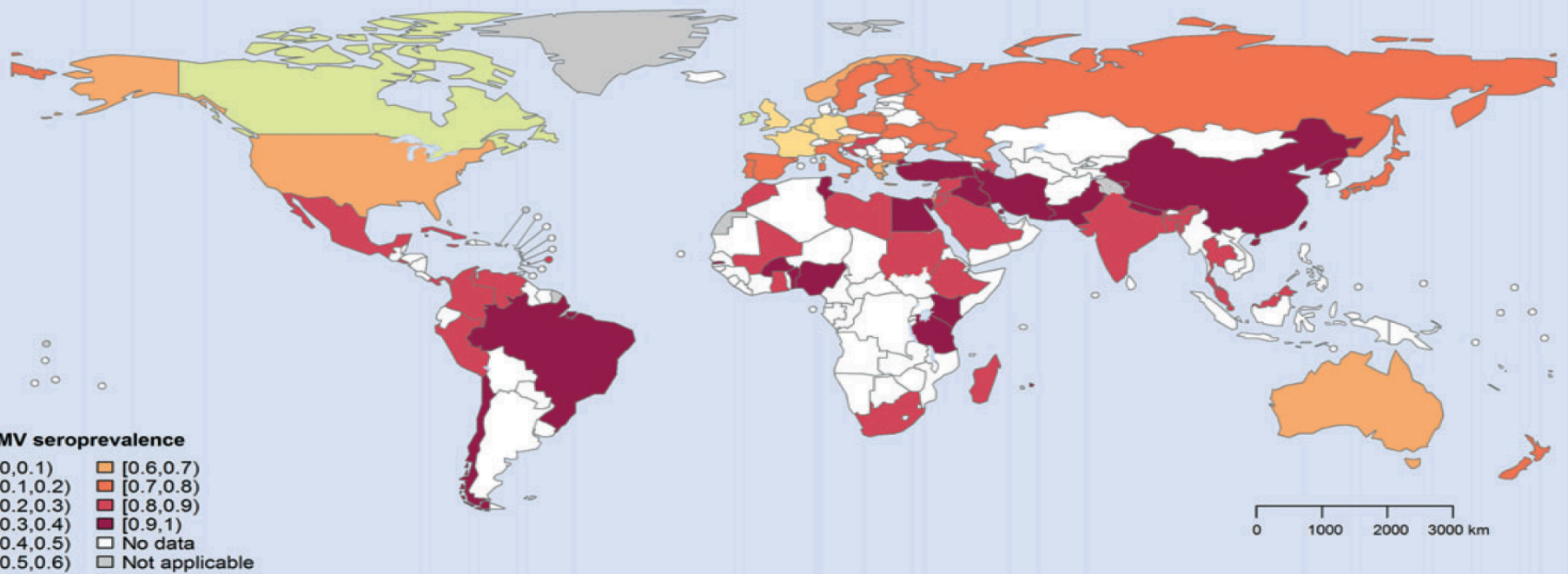
235 KB et 165 genes

180-200 nm

Icosahedral capsid

Transmission: exclusively inter-human

# WORLDWIDE SEROPREVALENCE OF CYTOMEGALOVIRUS



83% (95%UI: 78-88) in the general population,  
86% (95%UI: 83-89) in women of childbearing age

86% (95%UI: 82-89) in donors of blood or organs  
European region 66% (95%UI: 56-74).

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## POPULATIONS AT RISK OF CMV DISEASE

### Solid-Organ Transplant Recipients

- ▶ 126 670 transplanted organs in 2015 (+5.8%) worldwide

### Hematopoietic-Cell Transplant Recipients

- ▶ more than 50 000 transplants each year

### AIDS Patients

- ▶ 36.7 million

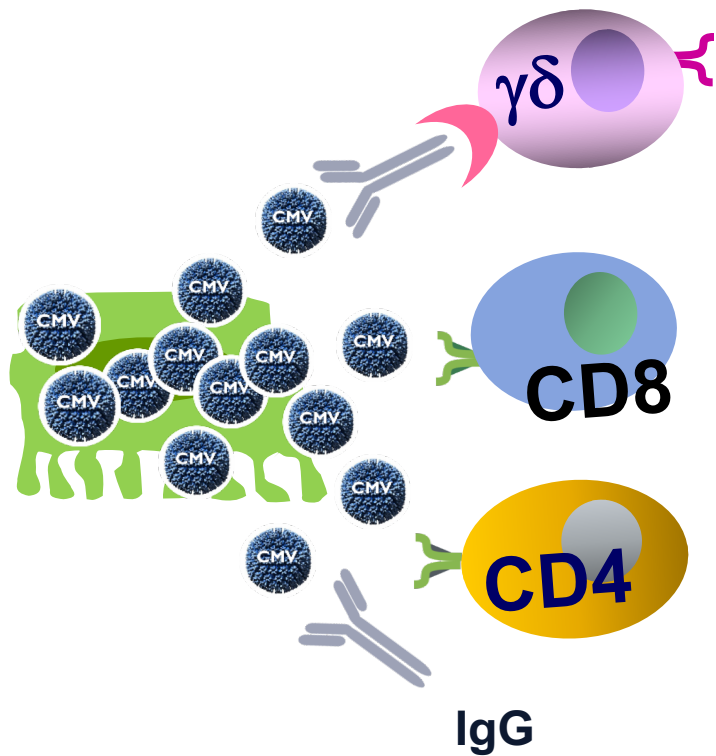
### Newborns (congenital infections)

[www.transplant-observatory.org](http://www.transplant-observatory.org)

[www.wbmt.org](http://www.wbmt.org)

[www.avert.org/global-hiv-and-aids-statistics.org](http://www.avert.org/global-hiv-and-aids-statistics.org)

# ANTI-CMV IMMUNE RESPONSE



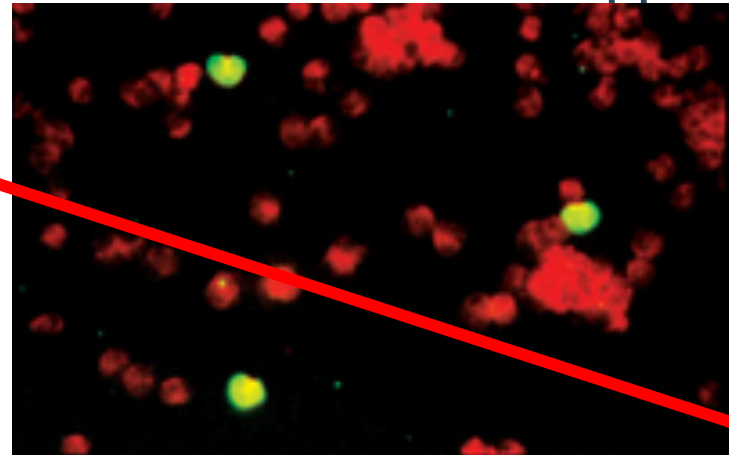
Healthy individuals



Dissemination and CMV disease in immunocompromised individuals

# DEFINITIONS OF CMV INFECTION

- ***CMV antigenemia*** is defined as the detection of CMV pp65 antigen in PBMC.



- ***CMV DNAemia*** is defined as the detection of CMV DNA in samples of plasma, serum, whole blood.

## CMV QUANTITATIVE ACID NUCLEIC TESTING (QNAT)

- Must be calibrated with the **WHO International Standard for Human CMV**
- Reported as **IU/ml**, and termed as **DNAemia** rather than viremia.
- **Highly sensitive QNAT : < 200 IU/ml (results given as log<sub>10</sub> IU/ml)**
- Sensitivity: whole blood > plasma
  
- **In our center : whole-blood : sensitivity for positivity : 250 IU/ml (WHO: since June 19, 2012)**

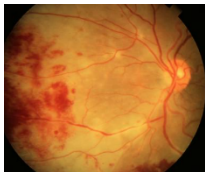
# DEFINITIONS OF CMV INFECTION AND DISEASE

- **CMV infection** is defined as virus isolation or detection of viral proteins (antigens) or nucleic acid in any body fluid or tissue specimen, regardless of symptoms (ie, *CMV DNAemia ± symptoms*)
- **CMV disease:** Evidence of CMV infection with attributable symptoms. CMV disease can be further categorized as:
  - **Viral syndrome**
  - **Tissue-invasive disease**

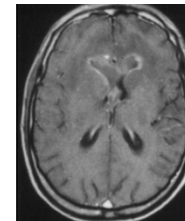


# DEFINITIONS OF CMV DISEASE: TISSUE INVASIVE (OR END-ORGAN) DISEASE

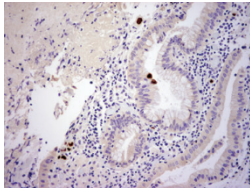
CMV retinitis



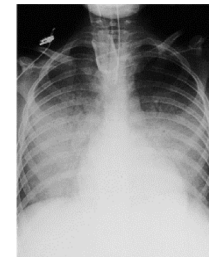
CMV encephalitis



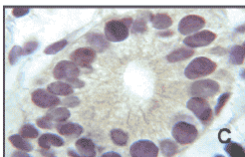
CMV cholecystitis



CMV pneumonia



CMV colitis



CMV Pancreatitis



# RISK FACTORS OF CMV DISEASE

- Risk of cytomegalovirus (CMV) infection in solid organ transplant recipients is defined by:

- Donor and recipient **CMV serostatus**

**D+R- > D+R+ > D-R+ > D-R-**

Atabani, Am J Transplant. 2012;12(9):2457-2464

- The transplanted **organ**

**Lung** > others

Manuel, Am J Transplant. 2013;13(9):2402-2410

- Additional **immunosuppressive therapy**

- **Induction** :ATG > anti-IL2R in R+ patients but not in D+R-

Webster, *The Cochrane Database of Systematic Reviews*, 2010  
Kaminski, J Inf Dis, 2019, 220(5):761-771

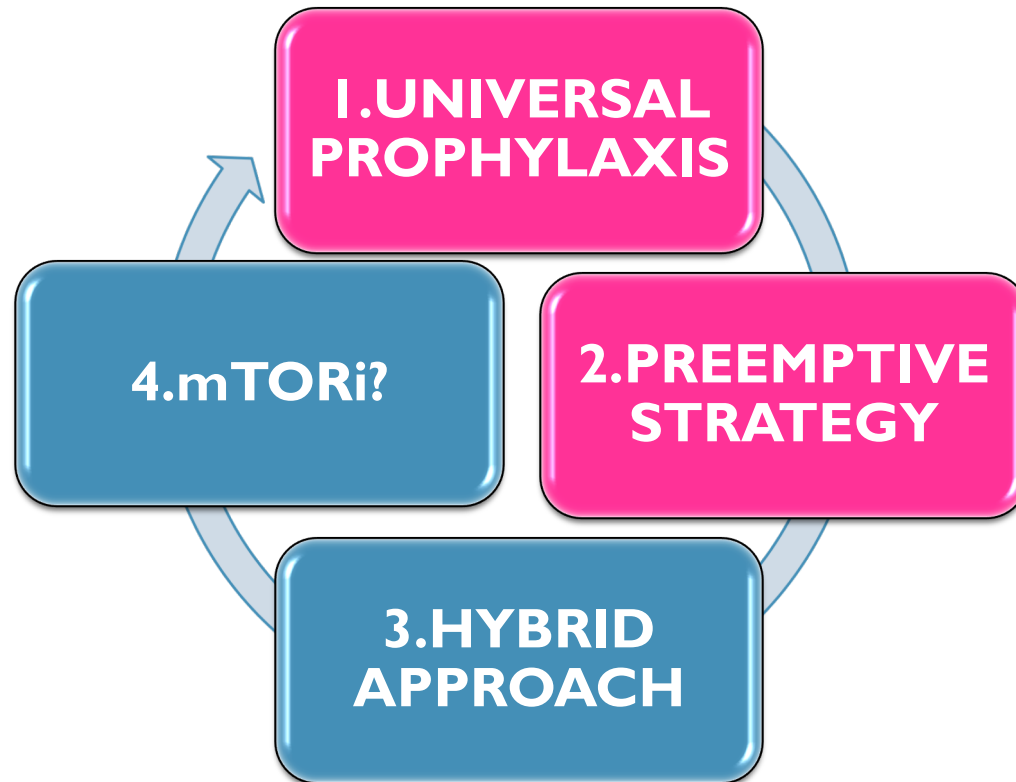
- **Rejection**

Lee, Transpl Infect Dis. 2014;16(3):397-402.  
Santos, Transplantation. 2014;98(2):187-194

# PREVENTION

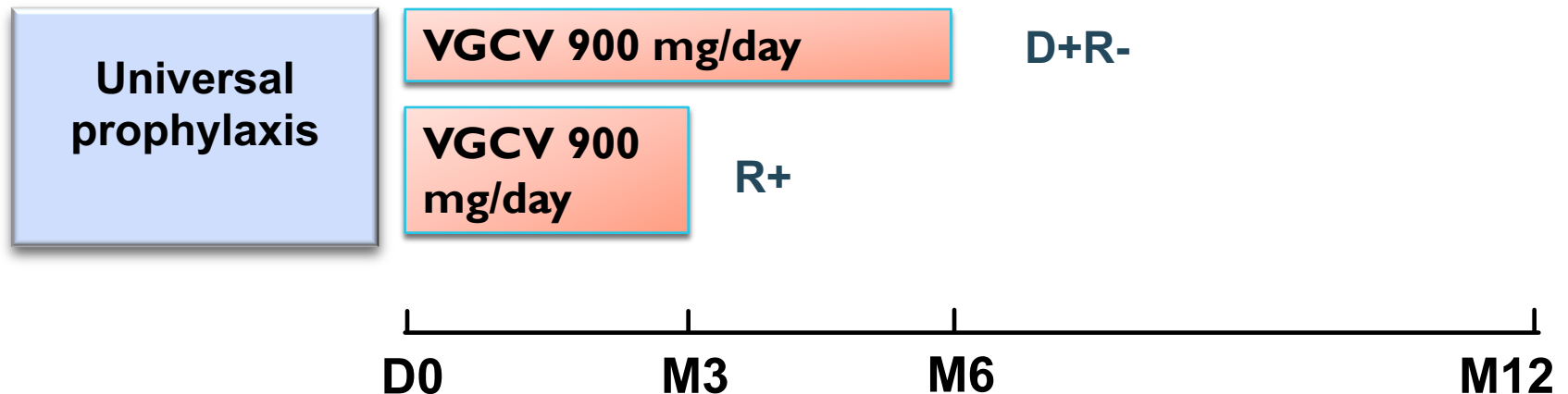
- **Risk of CMV infection** in solid organ transplant recipients is defined by:
  - donor and recipient **CMV serostatus**
  - the **transplanted organ**
  - and **additional immunosuppressive therapy**.
- these parameters are used to design the preventive strategy

# CMV PREVENTION: FOUR STRATEGIES



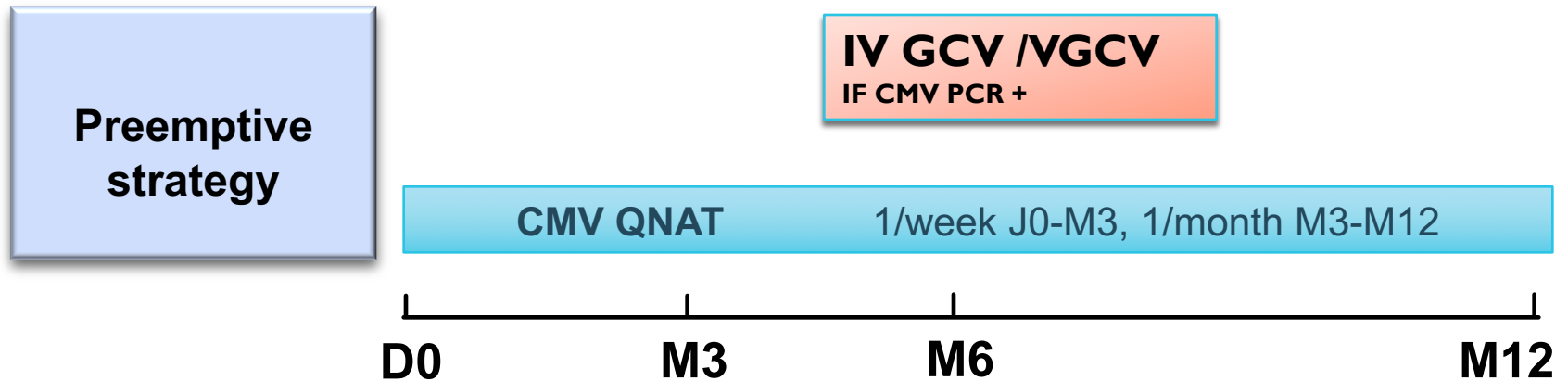
# CMV PREVENTION: UNIVERSAL PROPHYLAXIS

No CMV QNAT



- **Valganciclovir**: most commonly used
- *High-dose valacyclovir (=valganciclovir)*

# CMV PREVENTION: PREEMPTIVE THERAPY



# SUMMARY ON THE RATE OF INFECTION/DISEASE FOLLOWING STRATEGY

	No treatment			Références
	D+R-	D+R+	D-R+	
<b>Infection/Disease</b>	<b>68 %</b>	<b>63 %</b>	<b>50 %</b>	(1, 2, 3, 5, 8)
	Universal prophylaxis			
<b>Infection</b>	<b>3 month : 51 % 6 month : 37 %</b>	<b>3 mois : 25 %</b>	<b>3 mois : 23 %</b>	(1, 2, 3, 5, 6, 9)
<b>Disease</b>	<b>3 month : 37 % 6 month : 16 %</b>	<b>3 mois : 7 %</b>	<b>3 mois : 2 %</b>	(1, 6, 9)
	Preemptive strategy			
<b>Infection</b>	<b>68 %</b>	<b>63 %</b>	<b>50 %</b>	(1, 2, 3, 5, 8)
<b>Disease</b>	<b>20 %</b>	<b>5 %</b>	<b>2 %</b>	(1, 3, 6, 7, 8)

1. Khoury, Am J Transplant. 2006; 9:2134-43.
2. Kliem, Am J Transplant. 2008; 5:975-832008
3. Reischig, Am J Transplant. 2008, 1:69-77
4. Helentera, Am J Transplant. 2010, 9:2026-3

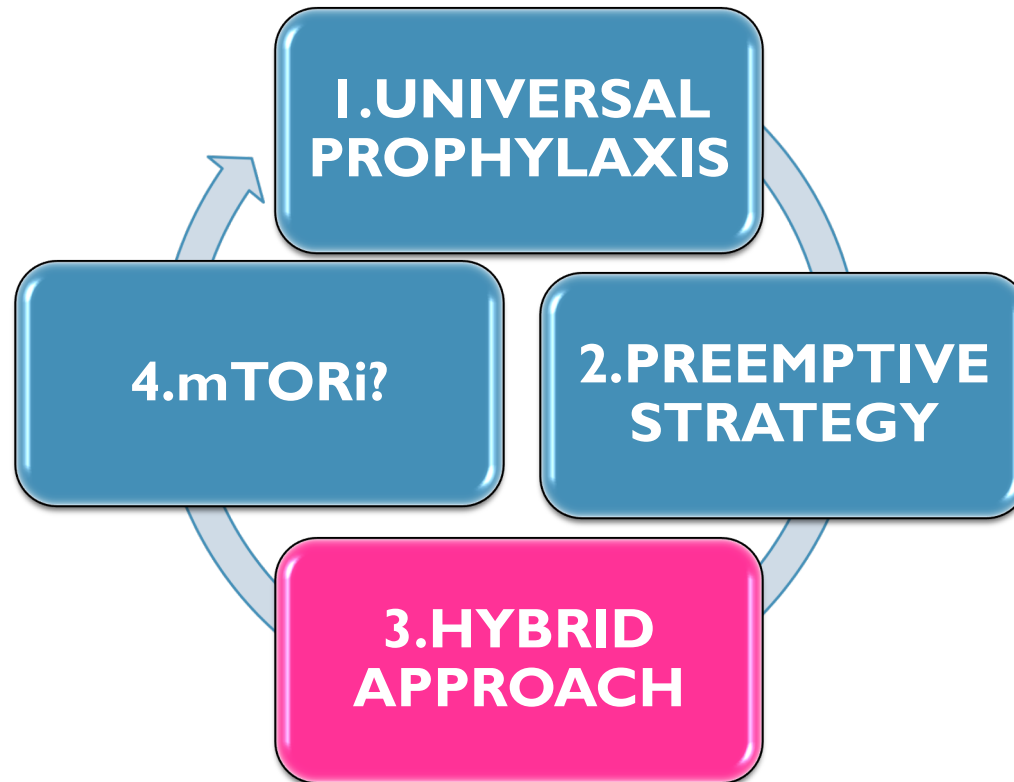
5. Van der Beek, Transplantation. 2010, 3:320-6
6. Couzi, Am J Transplant. 2012, 1:202-
7. Witzke, Transplantation. 2012, 1:61-8
8. Atabani, Am J Transplant. 2012, 9:2457-64
9. Humar, Am J Transplant. 2010, 10:1228-37

# UNIVERSAL PROPHYLAXIS VERSUS PREEMPTIVE THERAPY

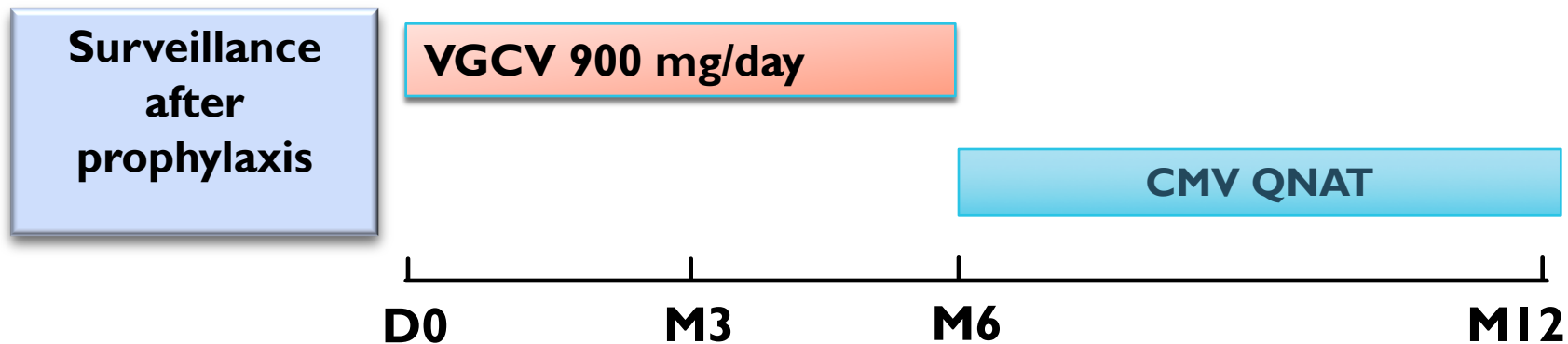
	Prophylaxis	Pre-emptive therapy
Early CMV DNAemia/ infection	Rare	<b>Common</b>
Prevention of CMV disease	Good efficacy	Good efficacy
Late CMV (infection/disease)	<b>Common</b>	Rare
Resistance	Uncommon	Uncommon (with weekly testing)
Ease of implementation	Relatively easy	<b>More difficult</b>
Prevention of other herpes viruses	Prevents HSV,VZV	<b>Does not prevent</b>
Other opportunistic infections	May prevent	Unknown
Costs	Drug costs	Monitoring costs
Safety	<b>Drug side effects</b>	Less drug toxicity
Prevention of rejection	May prevent	Unknown
Graft survival	May improve	May improve



# CMV PREVENTION: FOUR STRATEGIES



# SURVEILLANCE AFTER PROPHYLAXIS (OR “HYBRID APPROACH”)

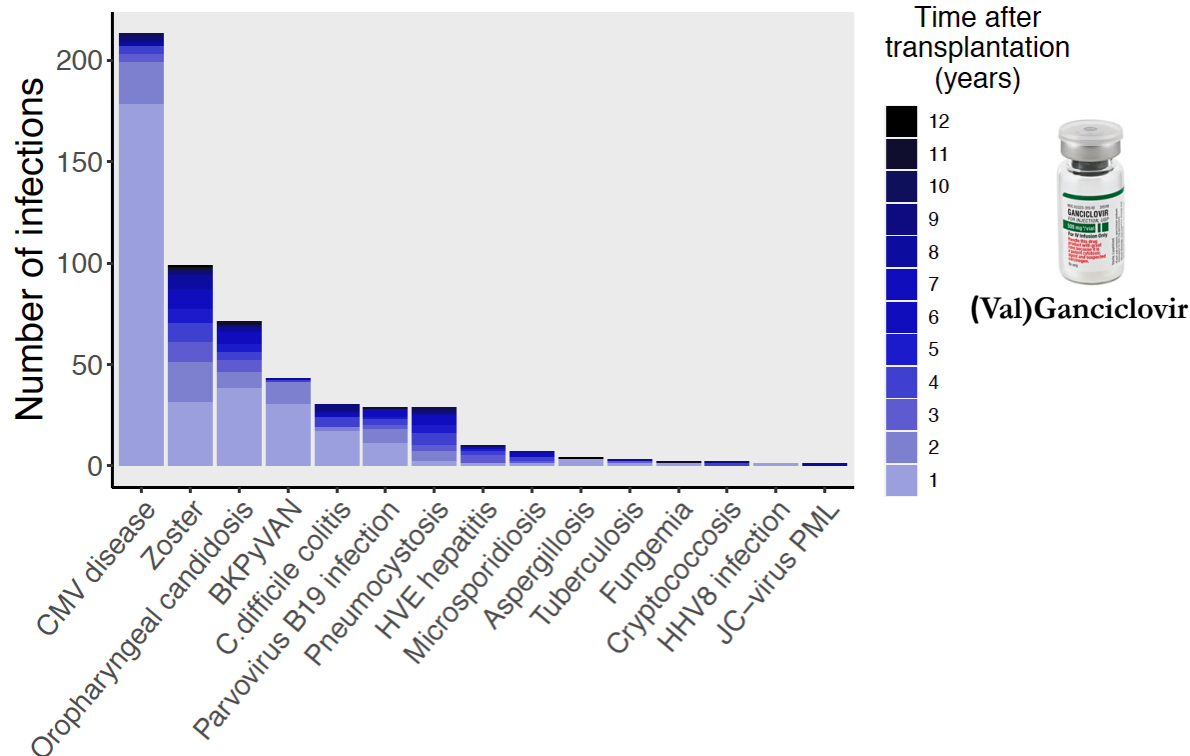


VGCV :Valganciclovir; GCV : Ganciclovir

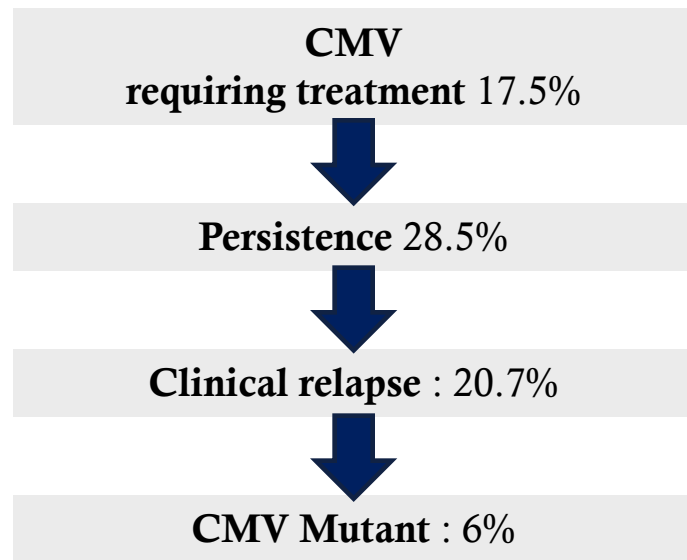
## SURVEILLANCE AFTER PROPHYLAXIS (OR “HYBRID APPROACH”)

- **No RCT to support the use of a surveillance** after prophylaxis approach
- Use of surveillance after prophylaxis may be considered **in patients at increased risk for post-prophylaxis CMV disease**. The value is probably greatest if done weekly for 8-12 weeks.

# CURRENT EPIDEMIOLOGY OF CMV INFECTION IN KIDNEY TRANSPLANT PATIENTS

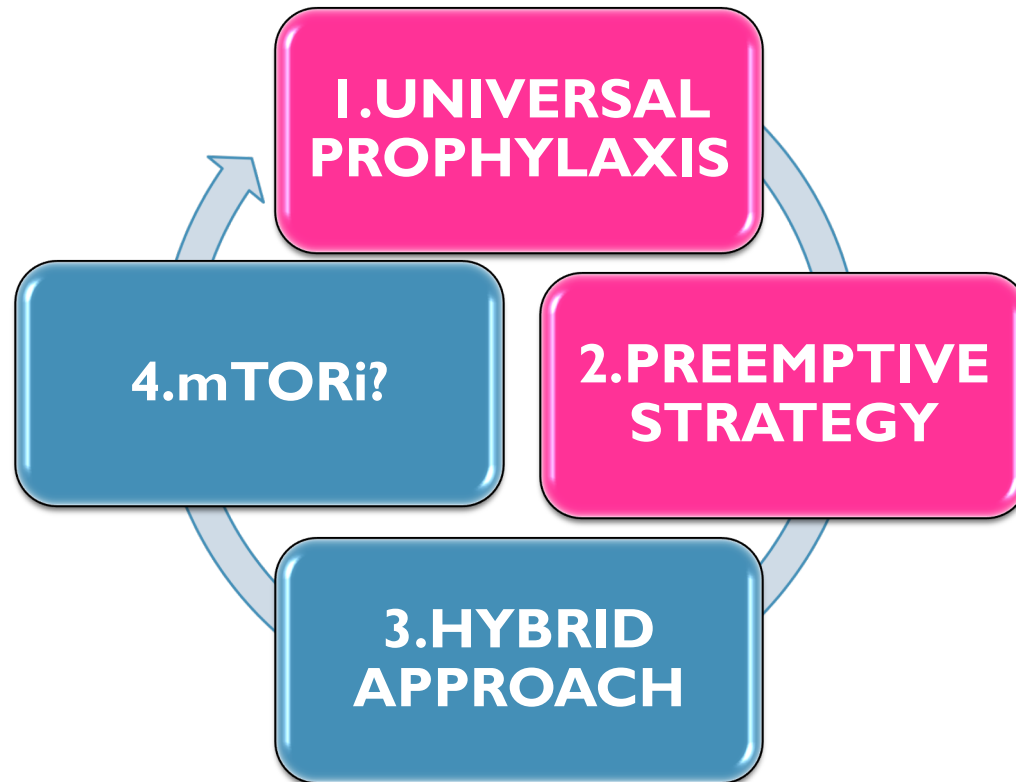


*N= 1207 /2004 -2015/at least two years of follow-up. Personal unpublished data  
P.Pfirmann-B.Taton-H.Kaminski*



*313 events among 1792 KTR 2004-2017  
Personal unpublished data  
M.Acquier-H.Kaminski-L.Couzi*

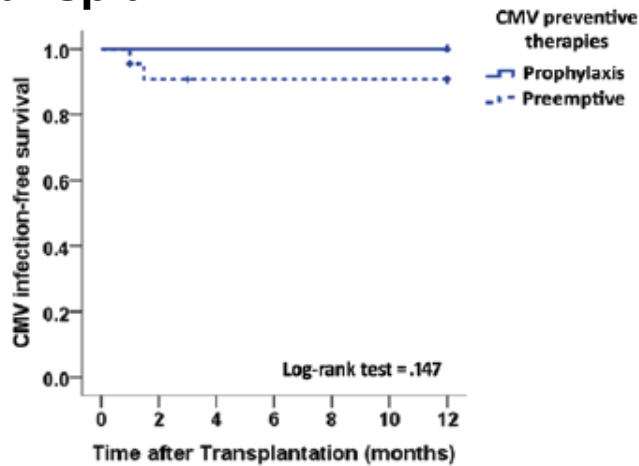
# CMV PREVENTION: **COULD IMMUNOMONITORING HELP?**



# CELLULAR IMMUNITY TO PREDICT THE RISK OF CMV INFECTION IN R+ KIDNEY TRANSPLANTATION

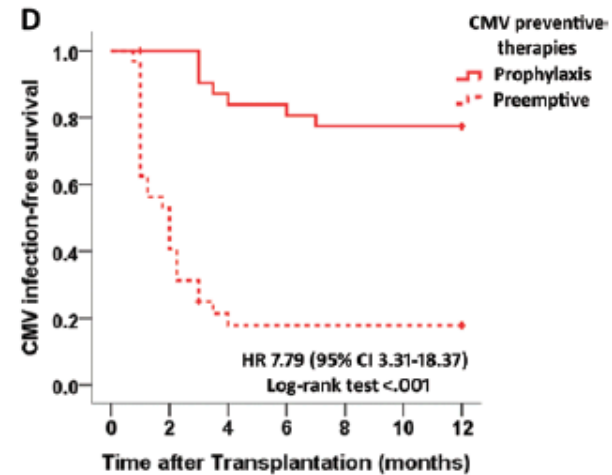
## CMV-specific T cell response

### 15-day post-transplant



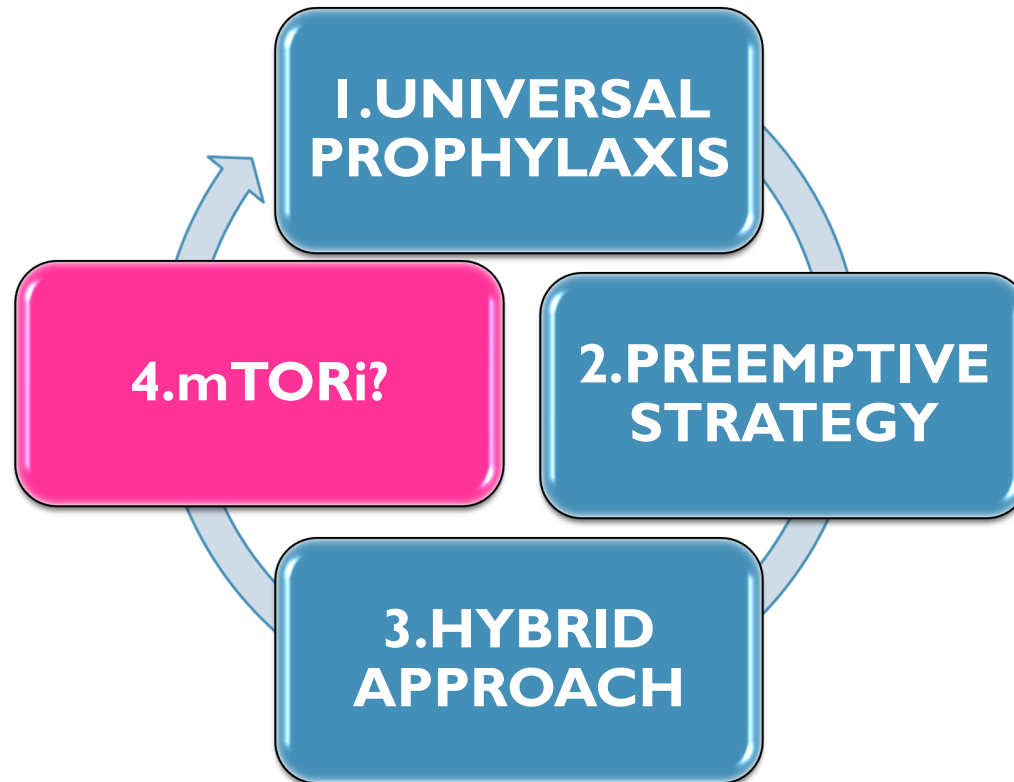
Prophylaxis (n)	22	22	22	22	22	22	22
Event-Free (n)	22	22	22	22	22	22	22
Preemptive (n)	22	19	18	18	18	18	18
Event-Free (n)	22	20	20	20	20	20	20

## No CMV-specific T cell response



Prophylaxis (n)	32	31	26	25	24	24	24
Event-Free (n)	32	32	27	26	25	25	25
Preemptive (n)	32	13	5	5	5	5	5
Event-Free (n)	32	13	6	6	6	6	6

# CMV PREVENTION: FOUR STRATEGIES



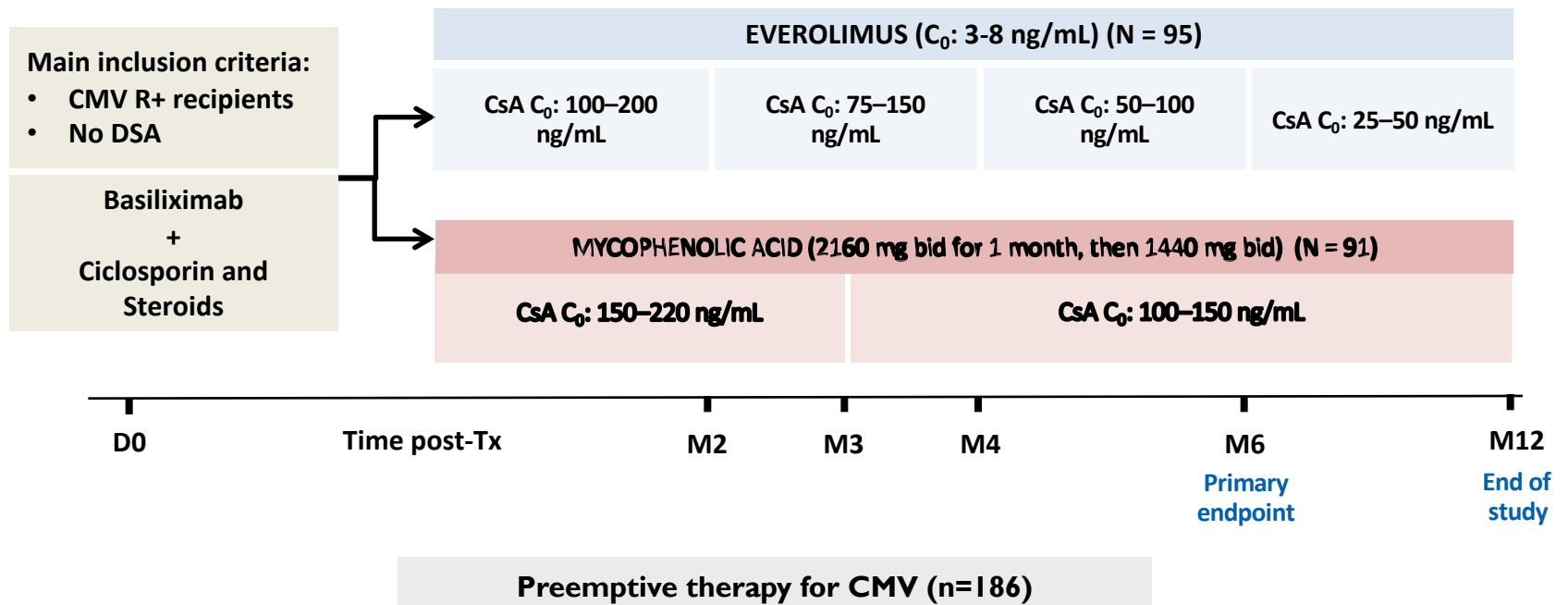
# EVERCMV STUDY

First randomised, **multicenter**, open-label, parallel group study in CMV R+ kidney transplant recipients, comparing everolimus *versus* mycophenolic acid, with **CMV DNAemia** as a primary end-point

*First draft : 2012...*

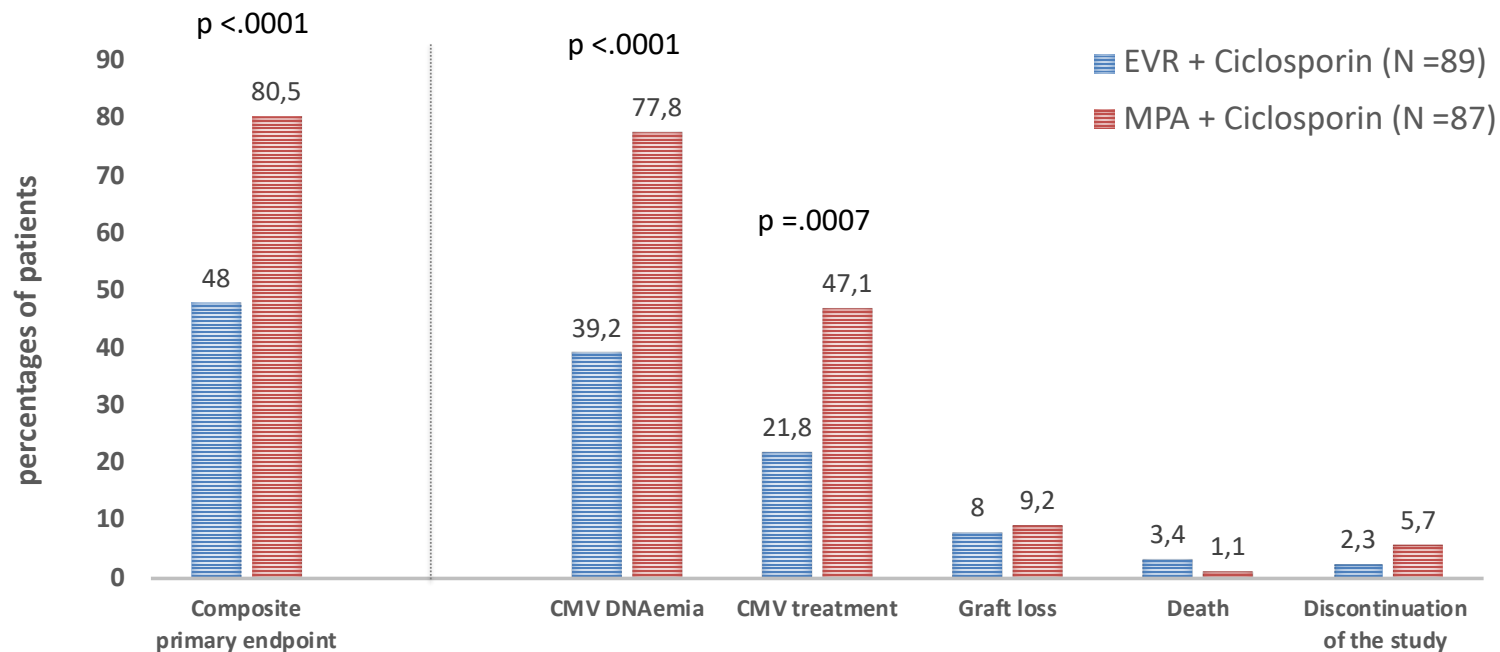


# STUDY DESIGN

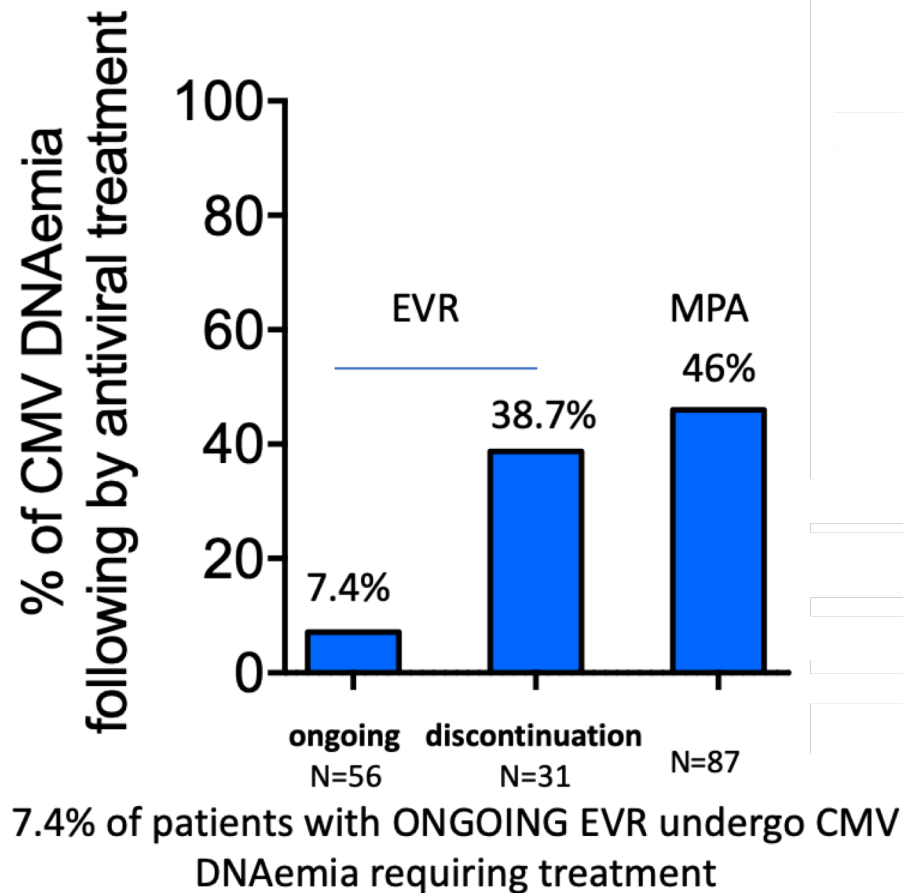


Inclusion: May 2014 - October 2017

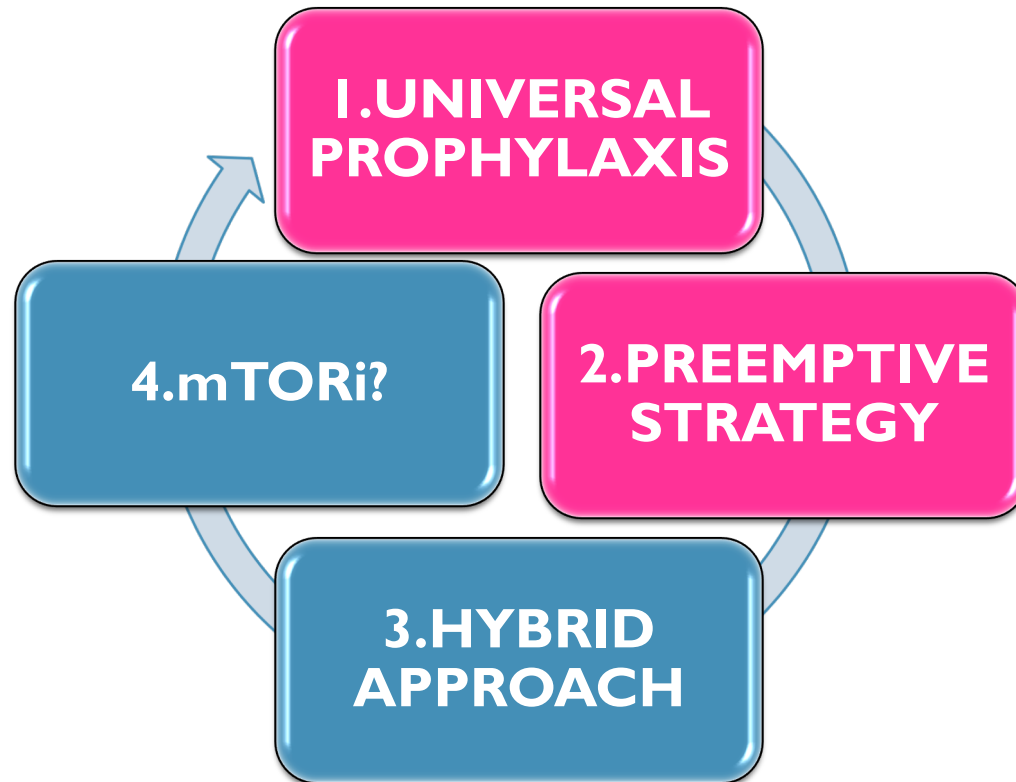
# PRIMARY ENDPOINT AT 6 MONTHS POST-TRANSPLANTATION



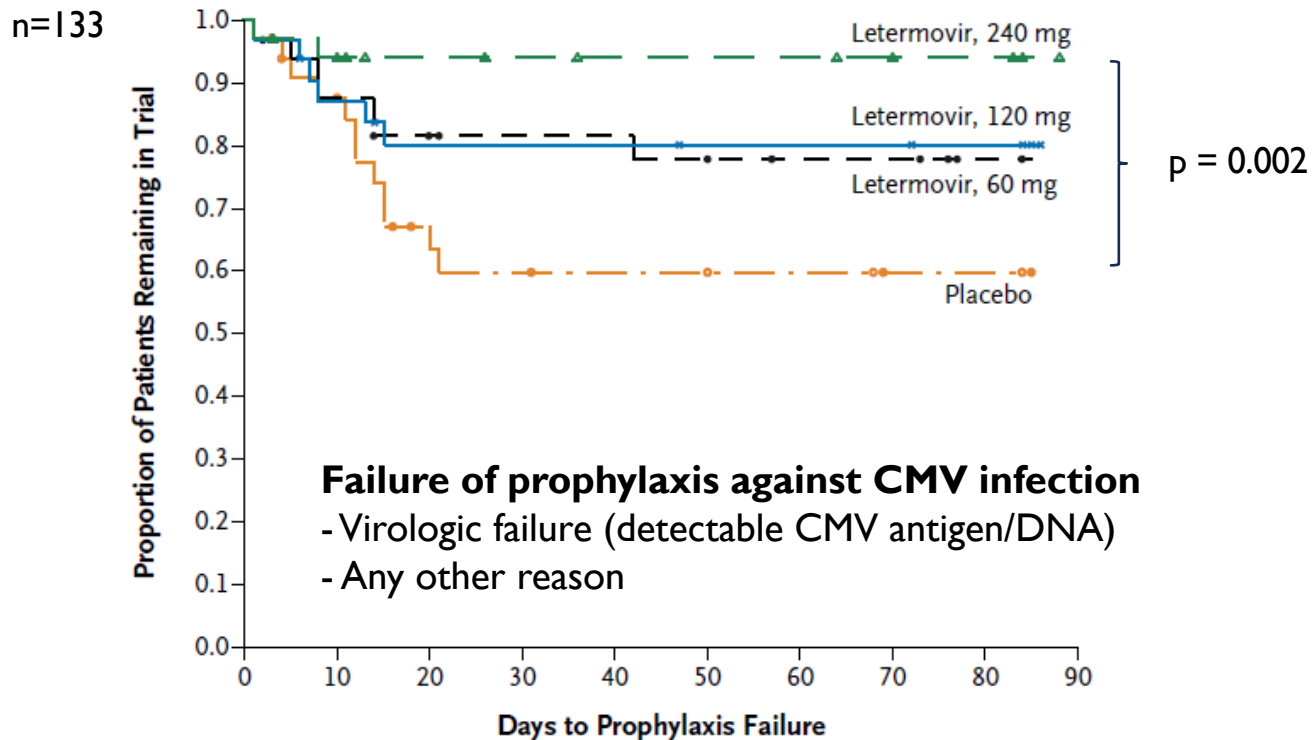
## ONGOING TREATMENT ANALYSIS



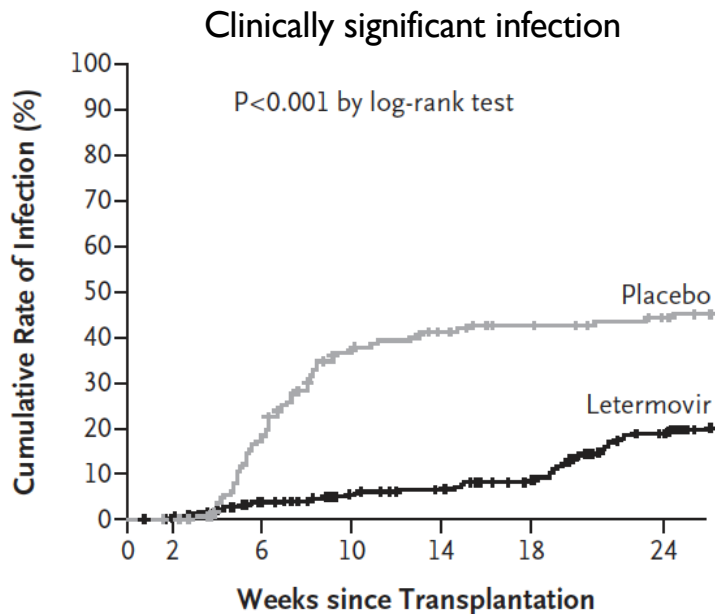
# CMV PREVENTION: **ALTERNATIVE DRUGS**



# LETERMOVIR FOR CMV PROPHYLAXIS IN HEMATOPOIETIC-CELL TRANSPLANTATION (PHASE II)



# LETERMIVIR FOR CMV PROPHYLAXIS IN HEMATOPOIETIC-CELL TRANSPLANTATION (PHASE III)



No. at Risk

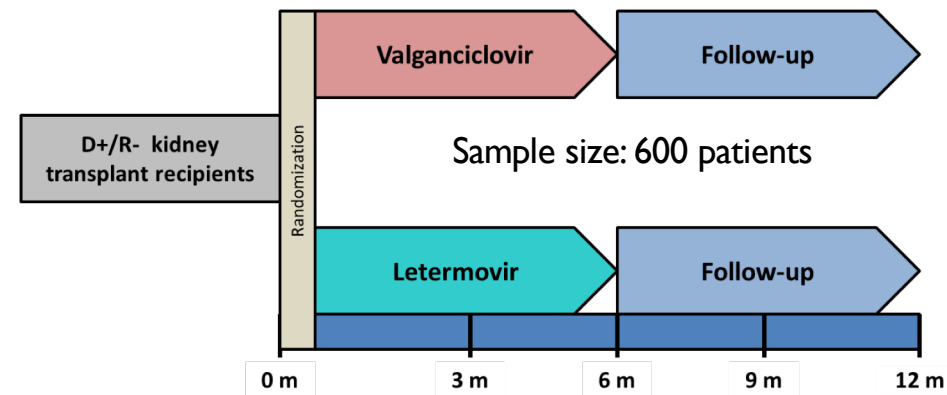
Placebo	170	169	135	96	85	77	70
Letermovir	325	320	299	279	270	254	212

n=565 but 495

With undetectable CMV DNAemia at day 9

Marty, New England Journal of Medicine 2017 ,377(25), 2433–2444

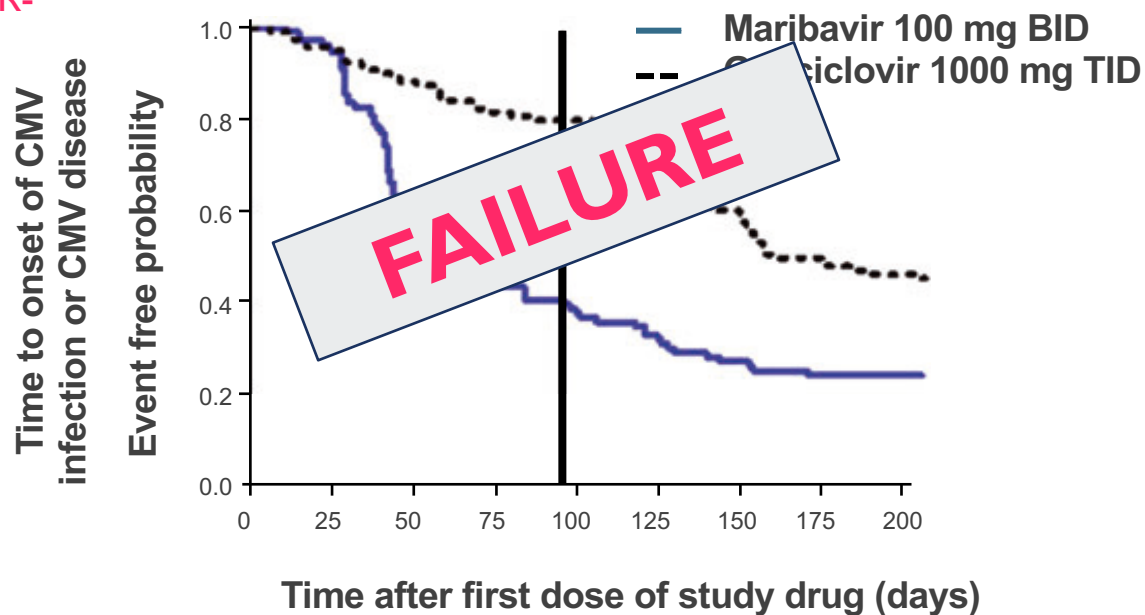
## PHASE III in Kidney transplant recipients (MK-8228-002)



Recruiting D+R-  
[ClinicalTrials.gov NCT03443869](https://clinicaltrials.gov/ct2/show/study/NCT03443869)

# MARIBAVIR: PROPHYLAXIS IN LIVER TRANSPLANTATION

- Oral maribavir (n= 147, 100 mg twice daily) – 14 days
- Vs Oral ganciclovir (n=156, 1 g three times daily) - 14 days
- D+R-



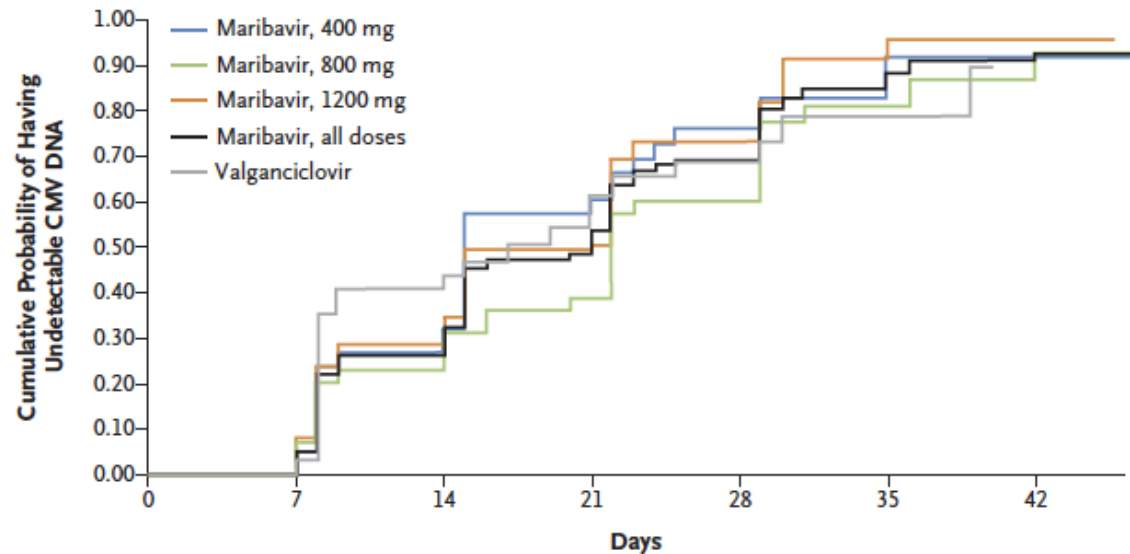
# MARIBAVIR FOR PREEMPTIVE TREATMENT OF CYTOMEGALOVIRUS REACTIVATION (PHASE 2 STUDY)

Characteristic	Maribavir			Valganciclovir (N = 40)	
	400 mg (N = 40)	800 mg (N = 40)	1200 mg (N = 39)	Overall (N = 119)	
Age — yr					
Median (IQR)	56.5 (41–65)	58.5 (50–63)	58.0 (51–64)	58.0 (49–64)	58.5 (46–63)
Range	29–76	18–74	25–74	18–76	28–76
Male sex — no. (%)	22 (55)	27 (68)	22 (56)	71 (60)	27 (68)
Race — no. (%)†					
White	37 (92)	37 (92)	39 (100)	113 (95)	32 (80)
Asian	2 (5)	1 (2)	0	3 (3)	4 (10)
Black	1 (2)	2 (5)	0	3 (3)	3 (8)
Other	0	0	0	0	1 (2)
CMV serostatus — no./total no. (%)					
Hematopoietic-cell transplant					
Donor positive, recipient positive	6/20 (30)	9/21 (43)	13/20 (65)	28/61 (46)	8/21 (38)
Donor negative, recipient positive	13/20 (65)	12/21 (57)	7/20 (35)	32/61 (52)	13/21 (62)
Donor positive, recipient negative	1/20 (5)	0	0	1/61 (2)	0
Solid-organ transplant					
Donor positive, recipient positive	7/20 (35)	8/19 (42)	11/19 (58)	26/58 (45)	10/19 (53)
Donor negative, recipient positive	4/20 (20)	1/19 (5)	1/19 (5)	6/58 (10)	3/19 (16)
Donor positive, recipient negative	9/20 (45)	10/19 (53)	4/19 (21)	23/58 (40)	6/19 (32)
Donor negative, recipient negative	0	0	3/19 (16)	3/58 (5)	0
Most recent transplant — no. (%)					
Hematopoietic-cell transplant	20 (50)	21 (52)	20 (51)	61 (51)	21 (52)
Solid-organ transplant‡	20 (50)	19 (48)	19 (49)	58 (49)	19 (48)
Liver	6 (30)	6 (32)	6 (32)	18 (31)	7 (37)
Kidney	14 (70)	7 (37)	9 (47)	30 (52)	10 (53)
Other	0	6 (32)	5 (26)	11 (19)	3 (16)
Time from transplantation to first dose of trial treatment — days					
Mean	172.7±213.33	118.0±155.18	578.0±1956.13	287.1±1139.01	320.7±943.97
Median (range)	82.5 (25–854)	64.5 (13–836)	61.0 (21–9395)	65.0 (13–9395)	75.0 (20–5991)
Primary CMV infection — no. (%)§					
Primary CMV infection — no. (%)§	29 (72)	34 (85)	34 (87)	97 (82)	27 (68)
Viral load at baseline — log <sub>10</sub> copies/ml					
Viral load at baseline — log <sub>10</sub> copies/ml	3.56±0.853	3.69±0.966	3.64±0.919	3.63±0.908	3.57±0.840

Maertens, *N Engl J Med*, vol. 381, no. 12, pp. 1136–1147, Sep. 2019.



# MARIBAVIR FOR PREEMPTIVE TREATMENT OF CYTOMEGALOVIRUS REACTIVATION (PHASE 2 STUDY)



No. at Risk							
	0	7	14	21	28	35	42
Maribavir, 400 mg	39	38	26	15	7	4	2
Maribavir, 800 mg	40	39	30	23	14	6	3
Maribavir, 1200 mg	38	35	24	13	6	2	1
Maribavir, all doses	117	112	80	51	27	12	6
Valganciclovir	39	37	20	13	8	2	0

Maertens, *N Engl J Med*, vol. 381, no. 12, pp. 1136–1147, Sep. 2019.

# UPDATE OF CMV GUIDELINES 2018

Organ	Serostatus	Risk Level	RECOMMENDED
All	D-/R-	Low	Monitoring for clinical symptoms; consider antiviral prophylaxis against other herpes infections
Kidney	D+/R-	High	6 months of GCV/VGCV OR Preemptive therapy
	R+	Intermediate	3 months of VGCV OR Preemptive therapy
Liver	D+R-	High	3 -6 months of VGCV OR Preemptive therapy
	R+	Intermediate	3 months of VGCV (VGCV not FDA approved in liver) OR Preemptive therapy
Pancreas	D+R-	High	3 -6 months of VGCV
	R+	Intermediate	3 months of VGCV OR Preemptive therapy
Islet	D+R-	Intermediate	3 months of VGCV
	R+	Intermediate	3 months of VGCV OR Preemptive therapy

# UPDATE OF CMV GUIDELINES 2018

Organ	Serostatus	Risk Level	RECOMMENDED
Heart	D+/R-	High	3-6 months of GCV/VGCV
	R+	Intermediate	3 months of GCV/VGCV OR Preemptive therapy
Lung	D+/R-	High	6-12 months of GCV/VGCV
	R+	Intermediate	Minimum 6 months of GCV/VGCV
Intestinal, composite tissue	D+/R-	High	Minimum 6 months GCV/VGCV +- surveillance after prophylaxis

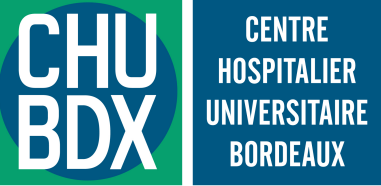
**CMV Ig** is not generally recommended for use, although there may be specific circumstances, especially in thoracic organs, when used in combination with antivirals, in which some benefit has been demonstrated

## BIBLIOGRAPHY

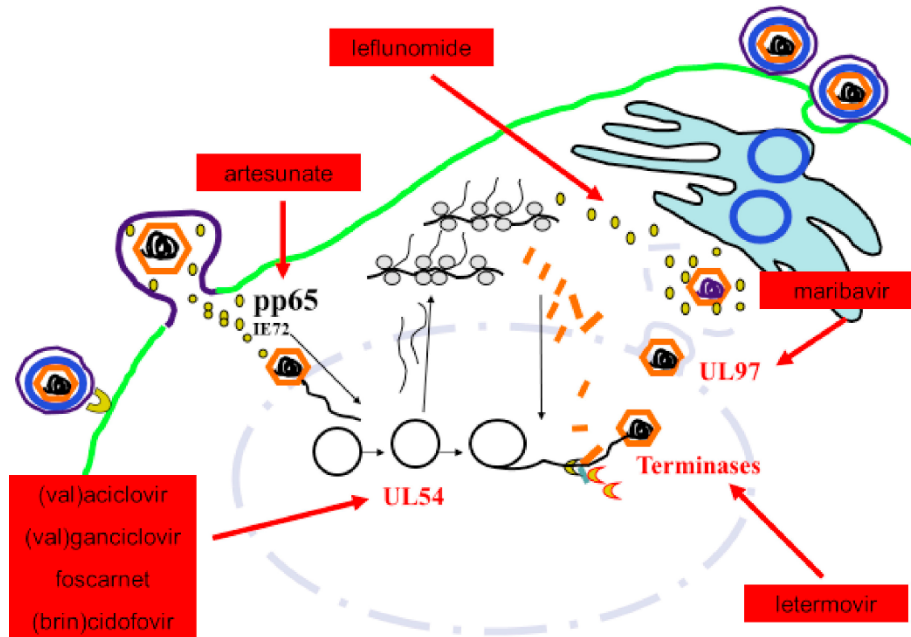
# **The Third International Consensus Guidelines on the Management of Cytomegalovirus in Solid-organ Transplantation**

Kotton et al, Transplantation. 2018 Jun;102(6):900-931

**THANK YOU FOR YOUR ATTENTION!**



# MARIBAVIR: INHIBIT UL97



## Activities of the UL97 kinase :

- stimulate the cell cycle to support viral DNA synthesis
- enhance the expression of viral genes
- promote virion morphogenesis
- facilitate the egress of mature capsids from the nucleus

Frange, *Med Mal Infect.* 2018 Dec;48(8):495-502

Prichard MN., *Rev Med Virol.* 2009;19(4):215–229. doi:10.1002/rmv.615

# LETERMOVIR (AIC246): IMPACT ON HERPESVIRUS DNA REPLICATION

