

30 janvier 2019

L'antibiothérapie probabiliste dans le contexte d'un choc septique



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Médecine Intensive Réanimation

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université
de **BORDEAUX**

Figure 9. Indice de spécialisation par discipline WoS (abscisse) et Indice de citation normalisé (ordonnée) des publications des CHU, 2006-2015. La taille des cercles est proportionnelle au nombre d'articles. Les couleurs indiquent l'augmentation du volume de publication dans la discipline entre deux périodes : 2006-2010 et 2011-2015.



Un fond de jalousie !

Le nombre de décès dus au sepsis sévère en France par an ?

22 000

→ A titre de comparaison, les accidents de la route font chaque année environ 4 000 morts



Traiter tôt...

... et bien

Traiter tôt...

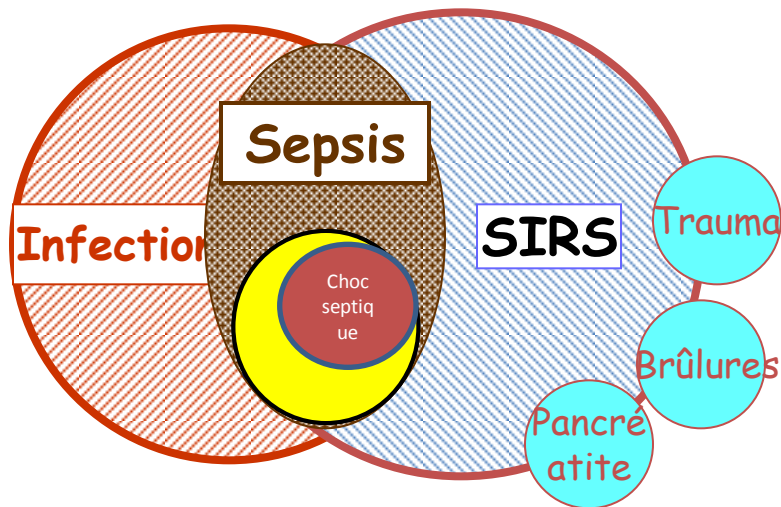
...donc repérer et faire le diagnostic tôt

Changement de définition
de 1991 à 2016

Sepsis sévère/choc septique

1991 Conférence Consensus ACCP-SCCM

Infection SIRS Sepsis **Choc septique**



Sepsis Sévère + Hypo TA :
Résistante à une expansion
volémique
Nécessité de **Catécholamines**

The Third International Consensus Definitions for Sepsis and Septic Shock (Sepsis-3) *JAMA*. 2016

Box 3. New Terms and Definitions

- Sepsis is defined as life-threatening organ dysfunction caused by a dysregulated host response to infection.
- Organ dysfunction can be identified as an acute change in total SOFA score ≥ 2 points consequent to the infection.
 - The baseline SOFA score can be assumed to be zero in patients not known to have preexisting organ dysfunction.
 - A SOFA score ≥ 2 reflects an overall mortality risk of approximately 10% in a general hospital population with suspected infection. Even patients presenting with modest dysfunction can deteriorate further, emphasizing the seriousness of this condition and the need for prompt and appropriate intervention, if not already being instituted.
- In lay terms, sepsis is a life-threatening condition that arises when the body's response to an infection injures its own tissues and organs.
- Patients with suspected infection who are likely to have a prolonged ICU stay or to die in the hospital can be promptly identified at the bedside with qSOFA, ie, alteration in mental status, systolic blood pressure ≤ 100 mm Hg, or respiratory rate ≥ 22 /min.

The Third International Consensus Definitions for Sepsis and Septic Shock (Sepsis-3)

JAMA. 2016

Quick SOFA

Respiratory rate ≥ 22 /min

Altered mentation

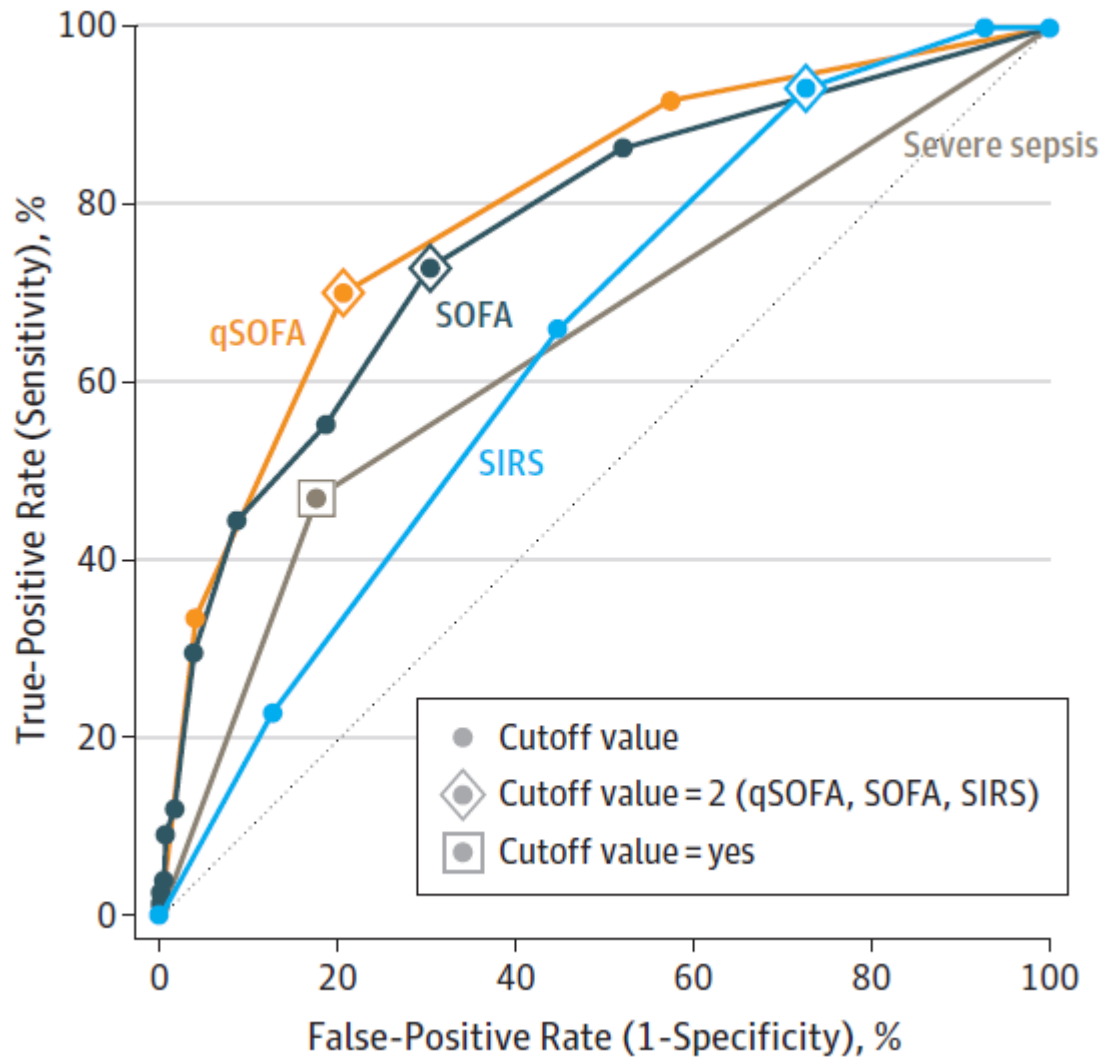
Systolic blood pressure ≤ 100 mm Hg

Prognostic Mortality Present

Yonathan Freund,
Yann-Erick Claesse,
Jennifer Truchot, M
Fabrice Dami, MD;
for the French Soc

hospital ation

JAMA. 2016



Mortalité avec qSOFA <2/≥2 : 3% vs 24%

VPN du qSOFA <2: 97%

The Third International Consensus Definitions for Sepsis and Septic Shock (Sepsis-3) JAMA. 2016

- Septic shock is a subset of sepsis in which underlying circulatory and cellular/metabolic abnormalities are profound enough to substantially increase mortality.
- Patients with septic shock can be identified with a clinical construct of sepsis with persisting hypotension requiring vasopressors to maintain MAP ≥ 65 mm Hg and having a serum lactate level >2 mmol/L (18 mg/dL) despite adequate volume resuscitation. With these criteria, hospital mortality is in excess of 40%.

Traiter tôt...

...donc repérer et faire le diagnostic tôt

Quick sofa OK

mais ne pas passer à côté de l'infection

The Absence of Fever Is Associated With Higher Mortality and Decreased Antibiotic and IV Fluid Administration in Emergency Department Patients With Suspected Septic Shock



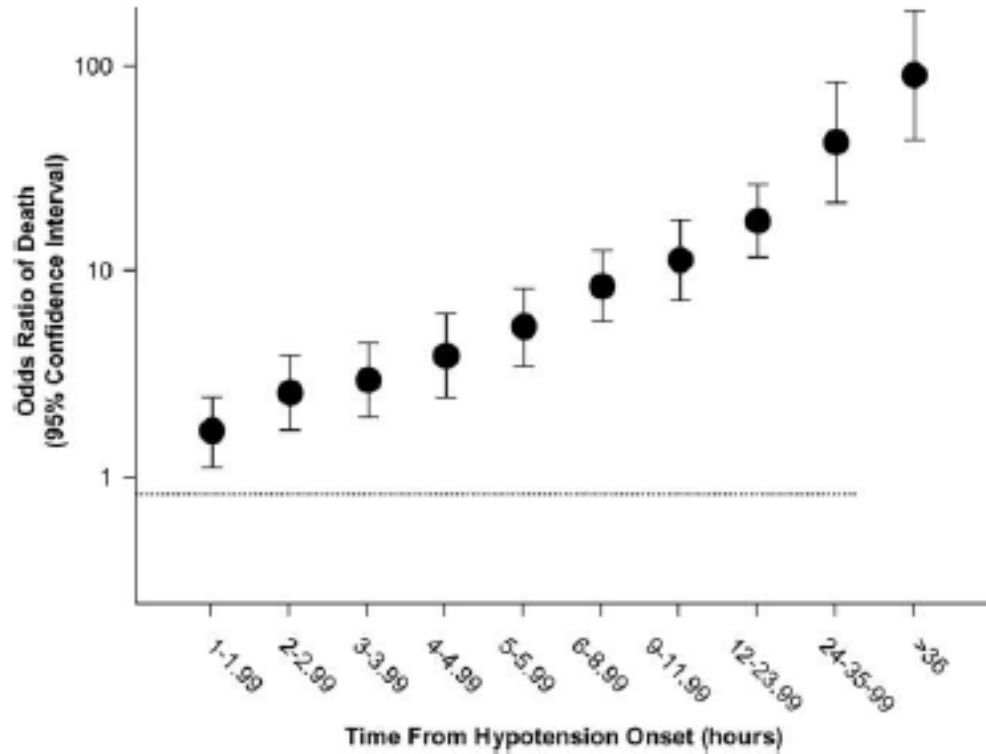
Daniel J. Henning, MD, MPH^{1,2}; Jeremy R. Carey, MD¹; Kimie Oedorf, BSc¹; Danielle E. Day, BSc¹; Colby S. Redfield, MD¹; Colin J. Huguenel, MD¹; Jonathan C. Roberts, MD¹; Leon D. Sanchez, MD, MPH¹; Richard E. Wolfe, MD¹; Nathan I. Shapiro, MD, MPH^{1,3}

2017

TABLE 4. Results From the Multivariable Logistic Regression Model Predicting Mortality

Covariate	OR	95% CI	<i>p</i>
Afebrile	4.29	2.24–8.23	< 0.001
Tachypnea > 24 breaths/min	2.14	1.12–4.07	0.02
Bicarbonate < 20 mEq/L	2.31	1.21–4.41	0.01
Lactate (mmol/L)	1.42	1.23–1.64	< 0.001
No emergency department antibiotics	0.26	0.09–0.80	0.02
Total IV fluids (L)	0.69	0.57–0.85	< 0.001

Traiter tôt



Kumar 2006

Temps entre début de hypotension et ATB approprié

The timing of early antibiotics and hospital mortality in sepsis

2017



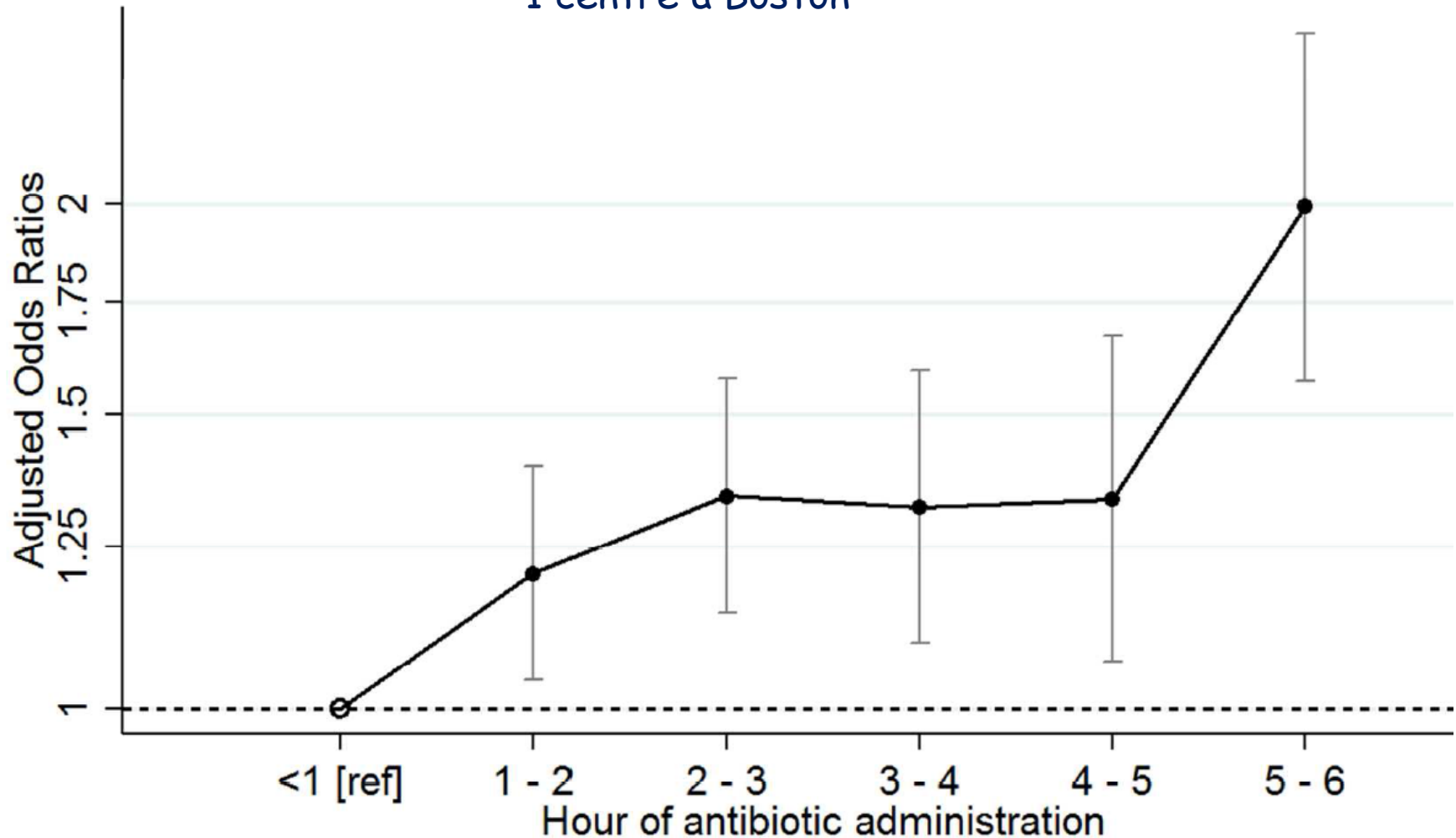
Ère moderne, ATB plus rapide

Encore pertinent ?

Ne risque-t-on pas de surtraiter des patients par ATB ?

Vincent X Liu,

1 centre à Boston



Donc il faut

- ❑ Faire le diagnostic d'infection rapidement
 - ❑ Évaluer la gravité avec le quickSOFA
- ❑ Administrer des ATB aussi vite que possible

Traiter tôt...

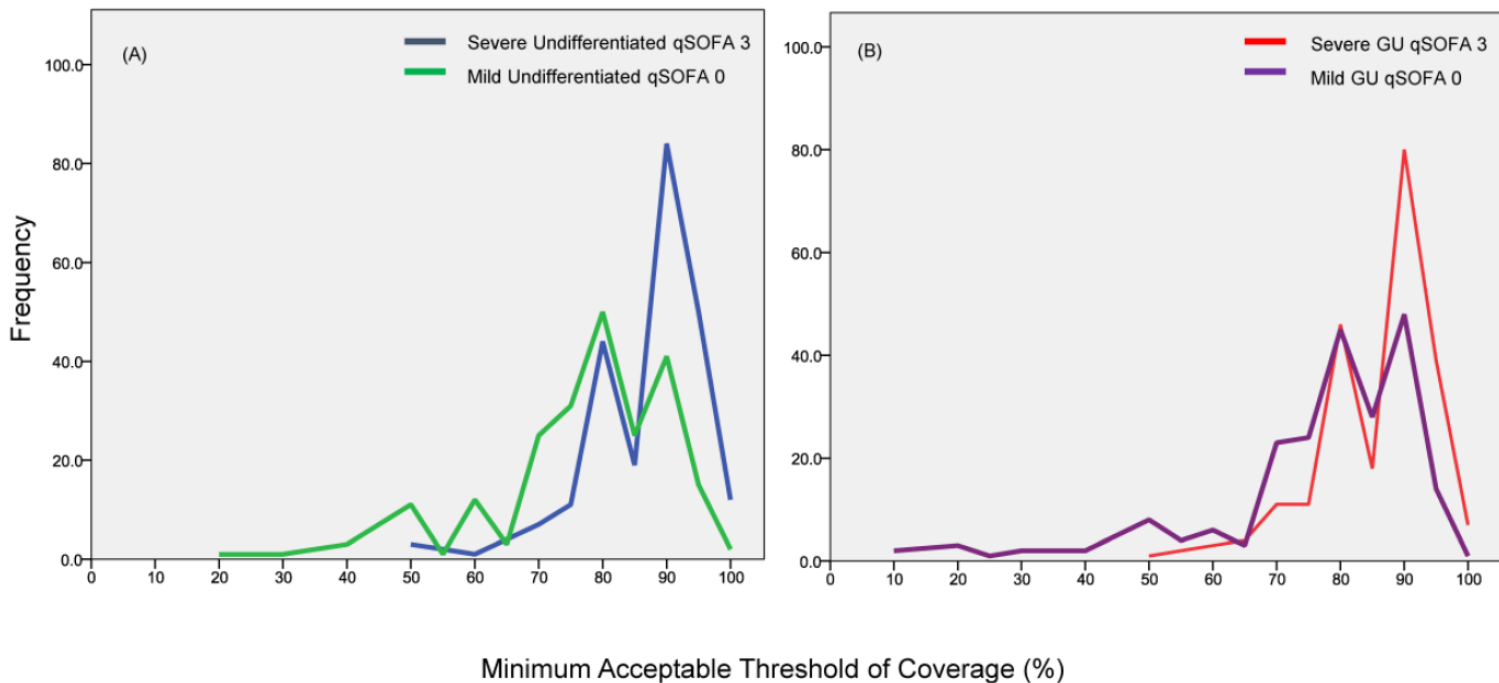
... et bien

Empiric Antibiotic Treatment Thresholds for Serious Bacterial Infections: A Scenario-Based Survey Study

Alex M Cressman MD MSc^{1,2}, Derek R MacFadden MD^{1,3}, Amol A Verma MD MPhil^{1,4,5},

Fahad Razak MD MSc^{1,4,5} and Nick Daneman MD MSc¹⁻³

2018



4 scénarios présentés à différents médecins (spécialistes ID ou non, expérimentés ou non)
 Plutôt 90% si sévère, plutôt 80% sinon
 Ids plus exigeants que les autres spécialités, expérience rend plus exigeant aussi

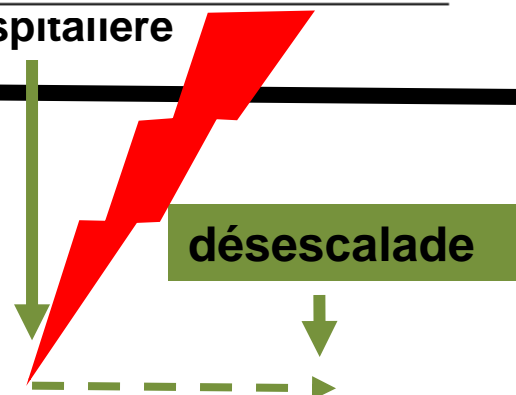
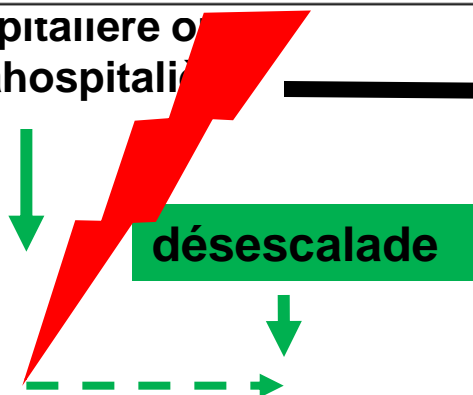
Admission

TABLE 3. MORTALITY RATES ACCORDING TO INITIAL EMPIRIC ANTIBIOTIC THERAPY

First Author	Ref.	Crude Mortality Rates of Patients Receiving		p Value
		Inadequate Antibiotic Therapy	Adequate Antibiotic Therapy	
Luna	58	92.2% (n = 34)	37.5% (n = 15)	< 0.001
Alvarez-Lerma	74	34.9% (n = 146)	32.5% (n = 284)	NS
Rello	21	63.0% (n = 27)	41.5% (n = 58)	0.06
Kollef	60	60.8% (n = 51)	26.6% (n = 79)	0.001
Sanchez-Nieto	61	42.9% (n = 14)	25.0% (n = 24)	NS
Ruiz	62	50.0% (n = 18)	39.3% (n = 28)	NS
Dupont	76	60.7% (n = 56)	47.3% (n = 55)	NS

nospitaliere o
extrahospitali

nospitaliere

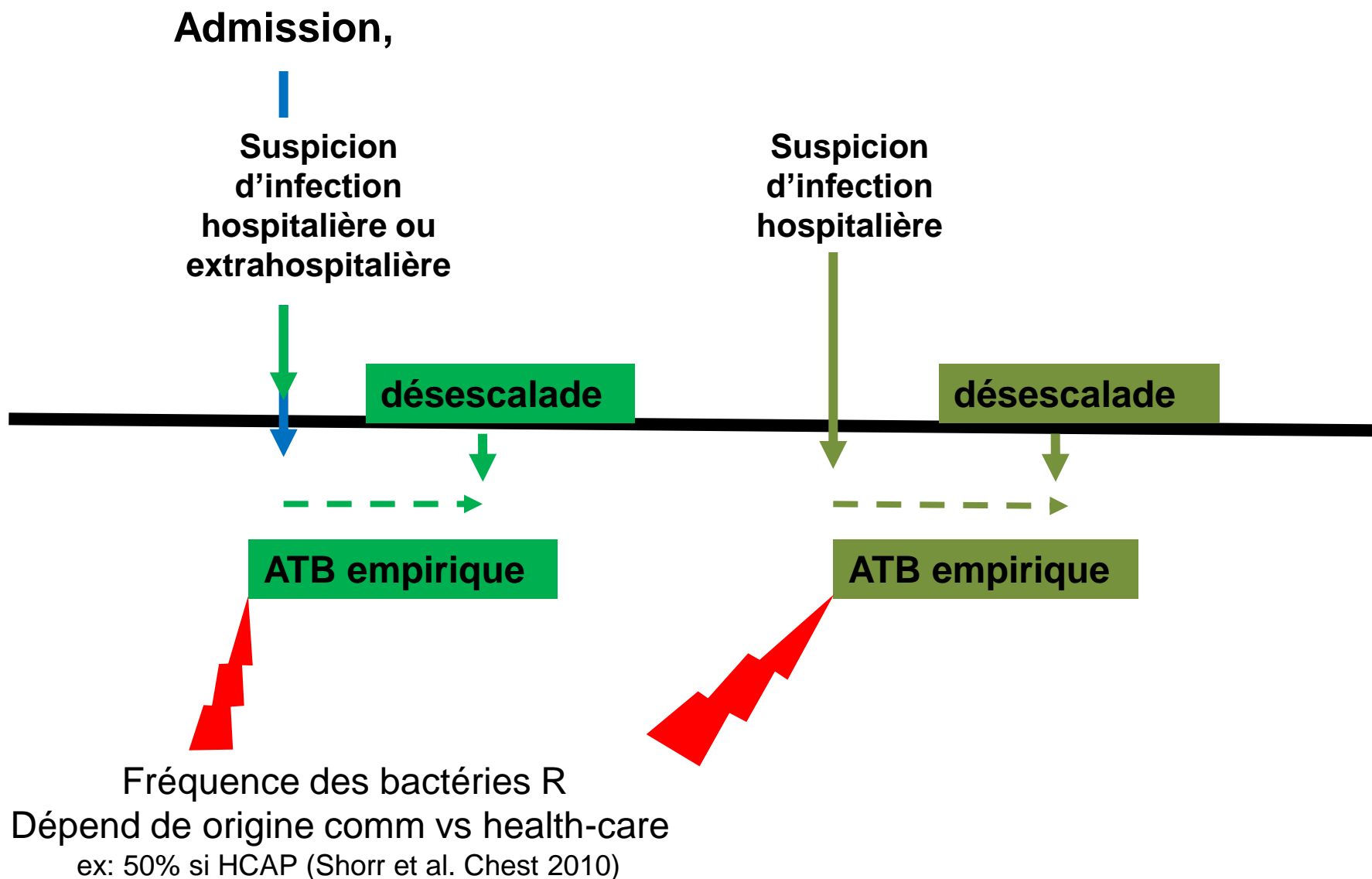


ATB empirique

ATB empirique

Traiter bien

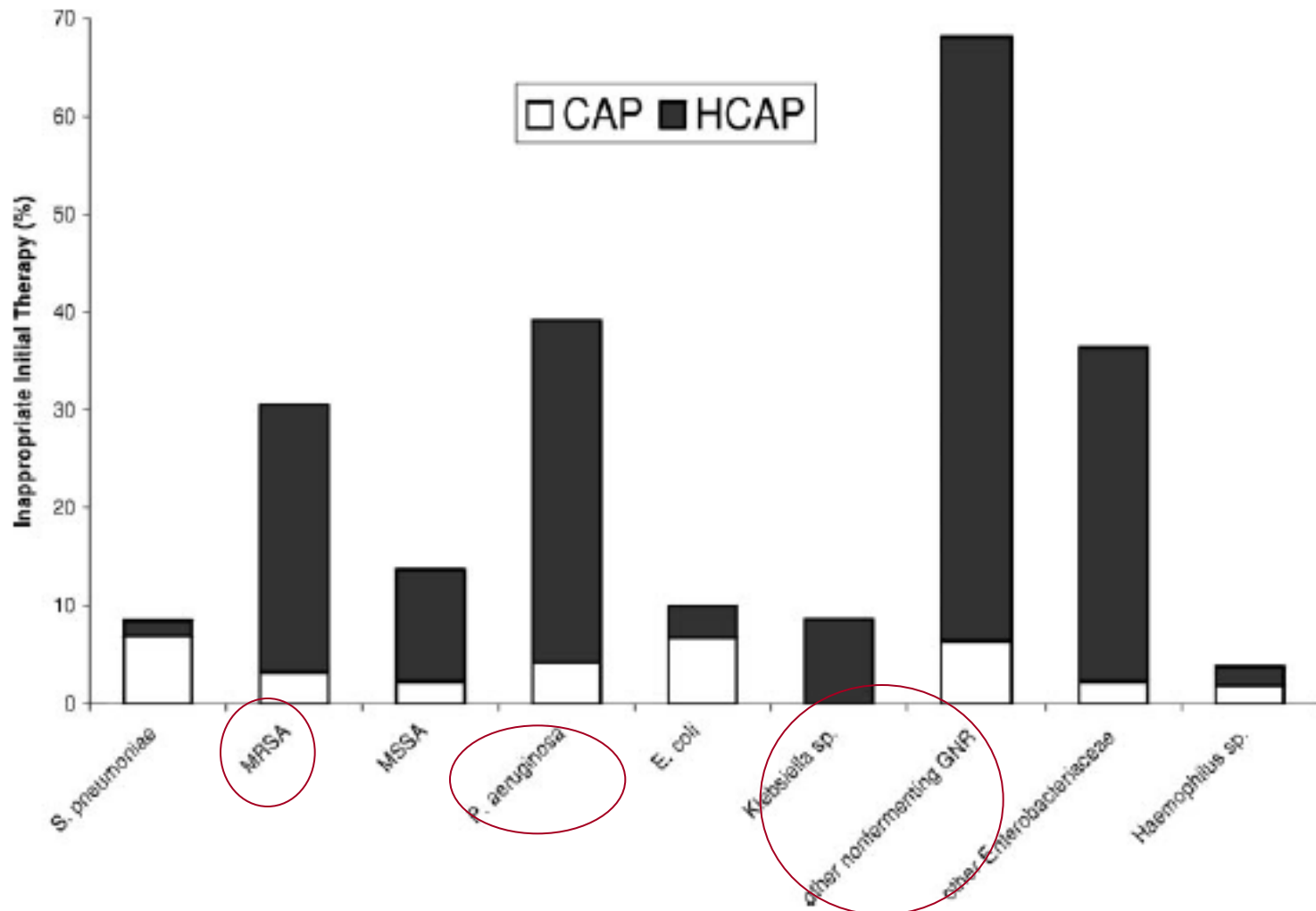
Principe n°2 pour être approprié connaître le spectre



Health Care-Associated Pneumonia and Community-Acquired Pneumonia: a Single-Center Experience[▽]

Scott T. Micek,¹ Katherine E. Kollef,² Richard M. Reichley,³ Nareg Roubinian,² and Marin H. Kollef

2007



Une vision purement épidémiologique ?

RESEARCH ARTICLE

Open Access

Severe community-acquired *Enterobacter* pneumonia: a plea for greater awareness of the concept of health-care-associated pneumonia

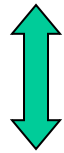
Alexandre Boyer^{1,2,3*}, Brice Amadeo^{2,3}, Frédéric Vargas¹, Ma Yu¹, Sylvie Maurice-Tison⁴, Véronique Dubois⁵, Cécile Bébéar⁵, Anne Marie Rogues^{2,3} and Didier Gruson¹



2011

Infectious Diseases

30 pneumopathies communautaires vraies documentées



10 pneumopathies "communautaires"

Surprise : *Enterobacter sp.* !

inadéquate

Retard dans l'amélioration ?

ATB empirique

Retour des
examens bactériolo-

	<i>Enterobacter</i> (n=10)	Comm. (n=30)	p value
Empirical antimicrobial treatment appropriateness [§] , %	20	97	<0.01
Time between hospital admission [£] and definite appropriate antimicrobial treatment (days)	3.3±1.6	1.2±0.6	<0.01
Time between onset of empirical antimicrobial therapy and apyrexia (days) [¤]	5.6±2.1	3.8±2.4	0.06
Length of antimicrobial treatment (days)	11.8±5.2	9.6±3.8	0.16
Vasoactive or inotropic drug length of use (days)**	8±3.9	4.8±3.2	0.13
Dialysis, n (%)	3 (30)	3 (10)	0.14
Ventilation ^{¤¤} , n (%)	10 (100)	18 (60)	0.96
Length of ventilation (days)	8.4±5.2	4±4.3	0.01
Length of ICU stay (days)	21±15	11.9±9.2	0.04
Hospital mortality, n (%)	3 (30)	5 (17)	0.37

Univariate analysis**Multivariate analysis**Odds ratio[‡]
(95% confidence interval)

p

Odds ratio[‡]
(95% confidence interval)

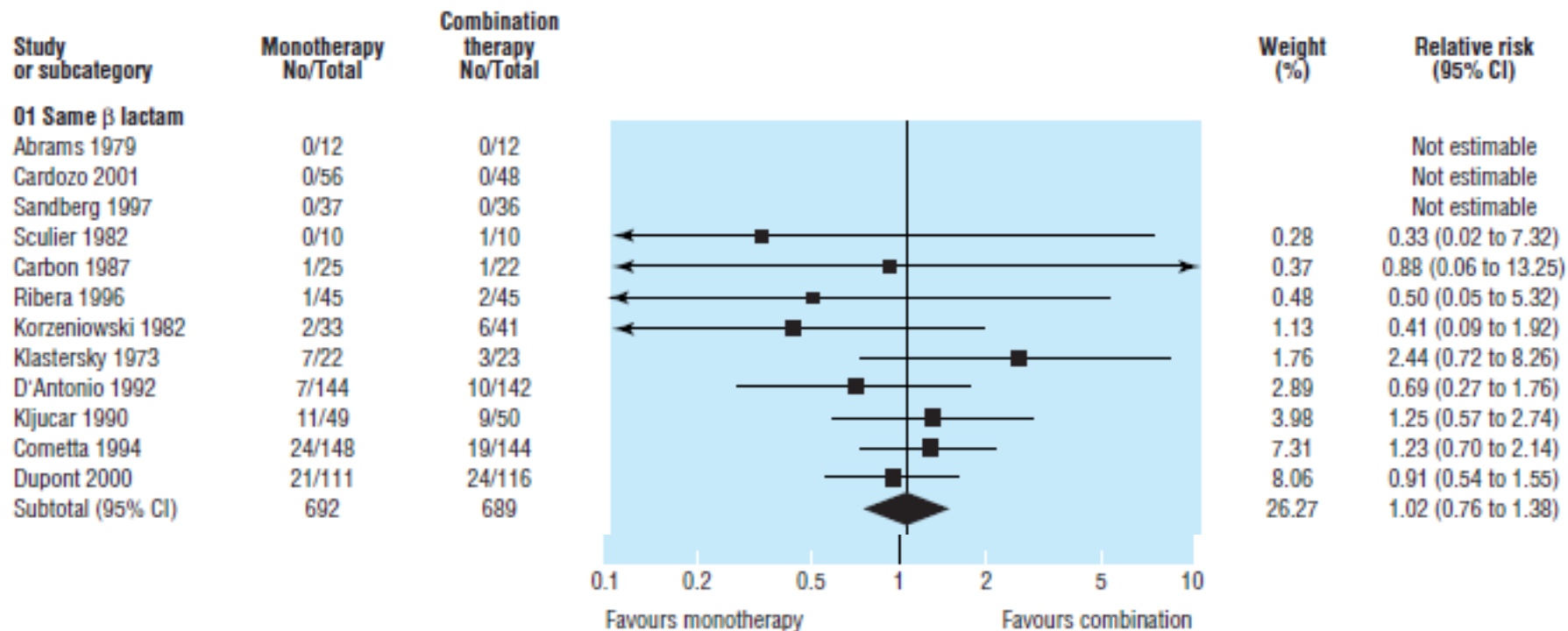
Male Sex	0.33 (0.06-1.81)	0.20	...
SAPS II	1.04 (0.98-1.1)	0.21	...
Time between onset of symptoms and admission	1 (0.74-1.34)	0.97	...
Highest temperature	2.07 (0.84-5.14)	0.12	...
Sepsis classification		0.4	...
Leukocytosis (G/L)	0.87 (0.76-1)	0.05	0.75 (0.59-0.96)
Blood urea (mmol/L)	1.06 (1-1.13)	0.07	...
Radiographic findings		0.41	...
Predominant alveolar	1		
Predominant interstitial	1.85 (0.43-7.96)		
ARDS	0.22 (0.04-1.21)	0.08	...
Criteria for HCAP		<0.0	
No criterion	1	1	1
At least one criterion	45 (4.61-439.16)		244.6 (7.48-999.99)

β lactam monotherapy versus β lactam-aminoglycoside combination therapy for sepsis in immunocompetent patients: systematic review and meta-analysis of randomised trials

Mical Paul, Ishay Benuri-Silbiger, Karla Soares-Weiser, Leonard Leibovici



2004

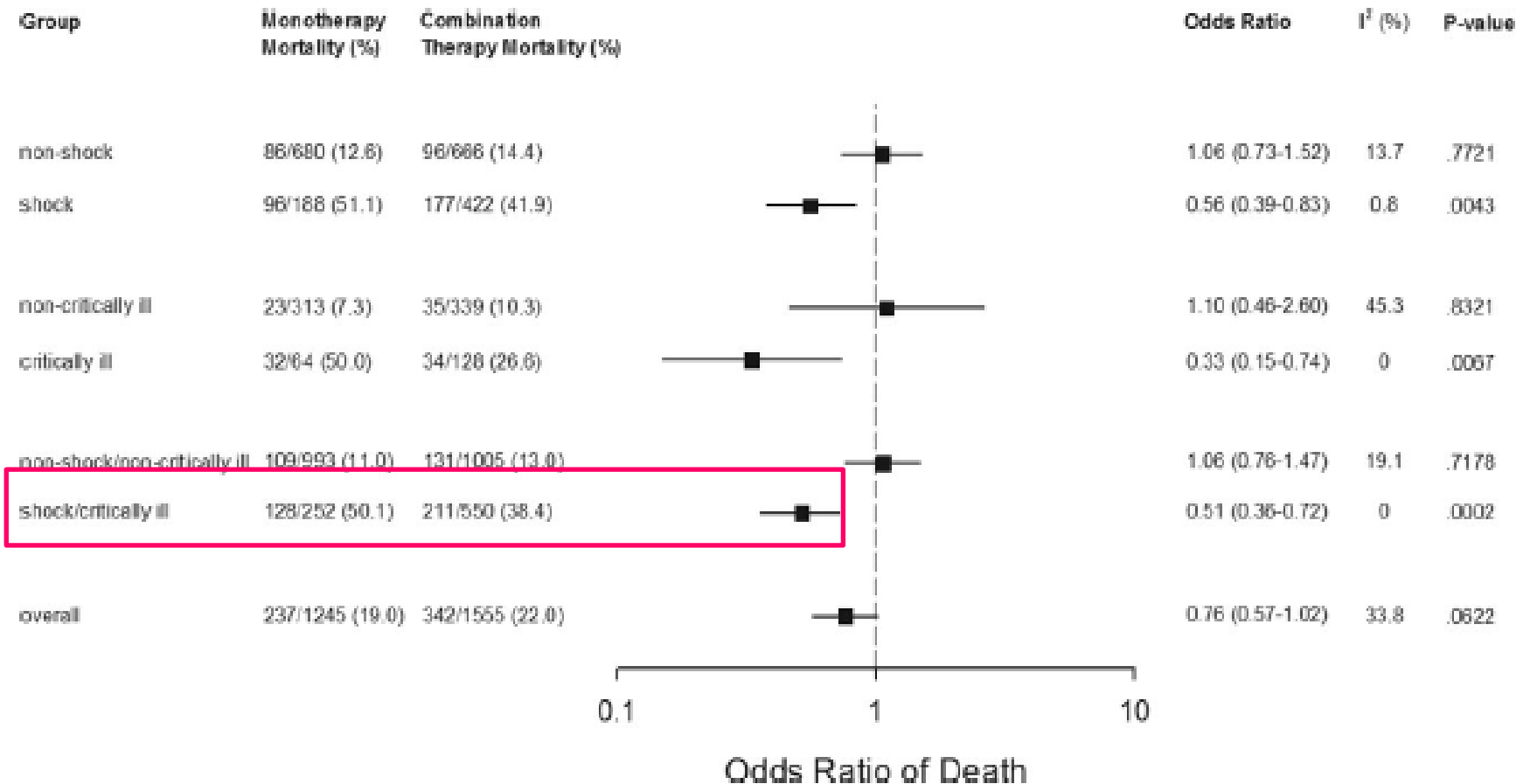


A survival benefit of combination antibiotic therapy for serious infections associated with sepsis and septic shock is contingent only on the risk of death: A meta-analytic/meta-regression study

Anand Kumar, MD; Nasia Safdar, MD; Shraavan Kethireddy, MD; Dan Chateau, PhD



2010



Traiter bien

Principe n°4 pour être approprié
Faire attention à la première dose



George L Drusano University of Florida , Gainesville

Infectious Diseases, Applied Mathematics

M.D.

48.02

First dose supremacy

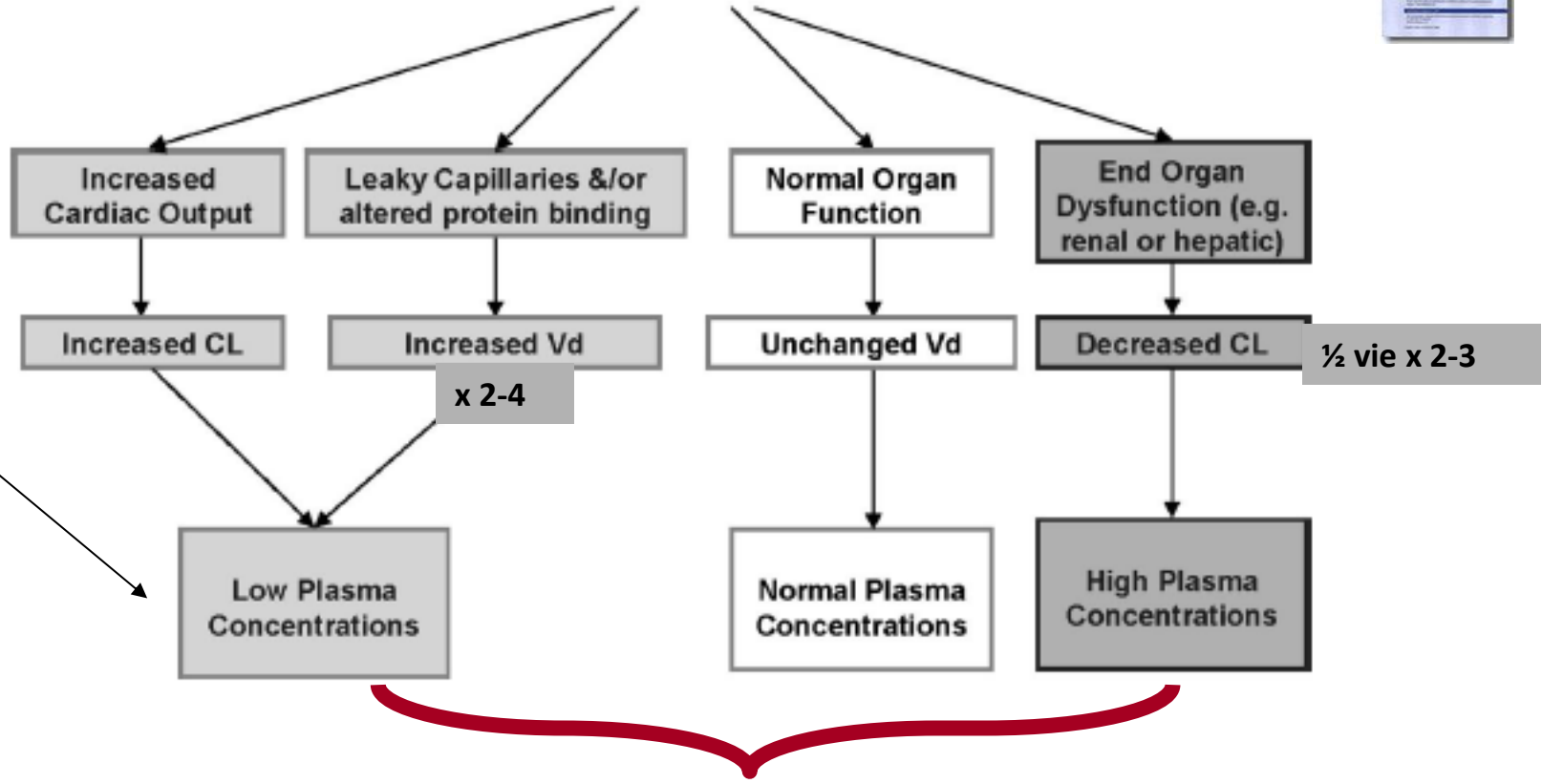


SEPSIS

Roberts 2009

Obésité
25%

Vd et Cl
modifiée



grande variabilité chez les patients en choc septique explique la nécessité du monitoring PK/PD

La première dose: back to the future !

11:30 Achieving pharmacokinetic/pharmacodynamic (PK/PD) targets of beta-lactams in critically ill patients at first dose: can we do it with standard dosing?

I. Dealttre (Brussels, Belgium), F. Taccone, F. Jacobs, T. Dugernier, H. Spapen, P. Laterre, P. Wallemacq, V. Tam, F. Van Bambeke, P. Tulkens*

Étude non encore publiée mais selon un modèle de Monte Carlo première dose de tazocilline jusqu'à 14g...

Therapeutic Drug Monitoring of Amikacin In Septic Patients

2013

*Wieslawa Duszynska¹, Fabio Silvio Taccone², Magdalena Hurkacz,³
Beata Kowalska-Krochmal⁴, Anna Wiela-Hojeńska³, Andrzej Kübler¹*



Critical Care

La corrélation C_{peak}/C_{MI}
en fonction de première
dose vs doses suivantes
et évolution clinique dans
les sepsis sévères

Clinical cure

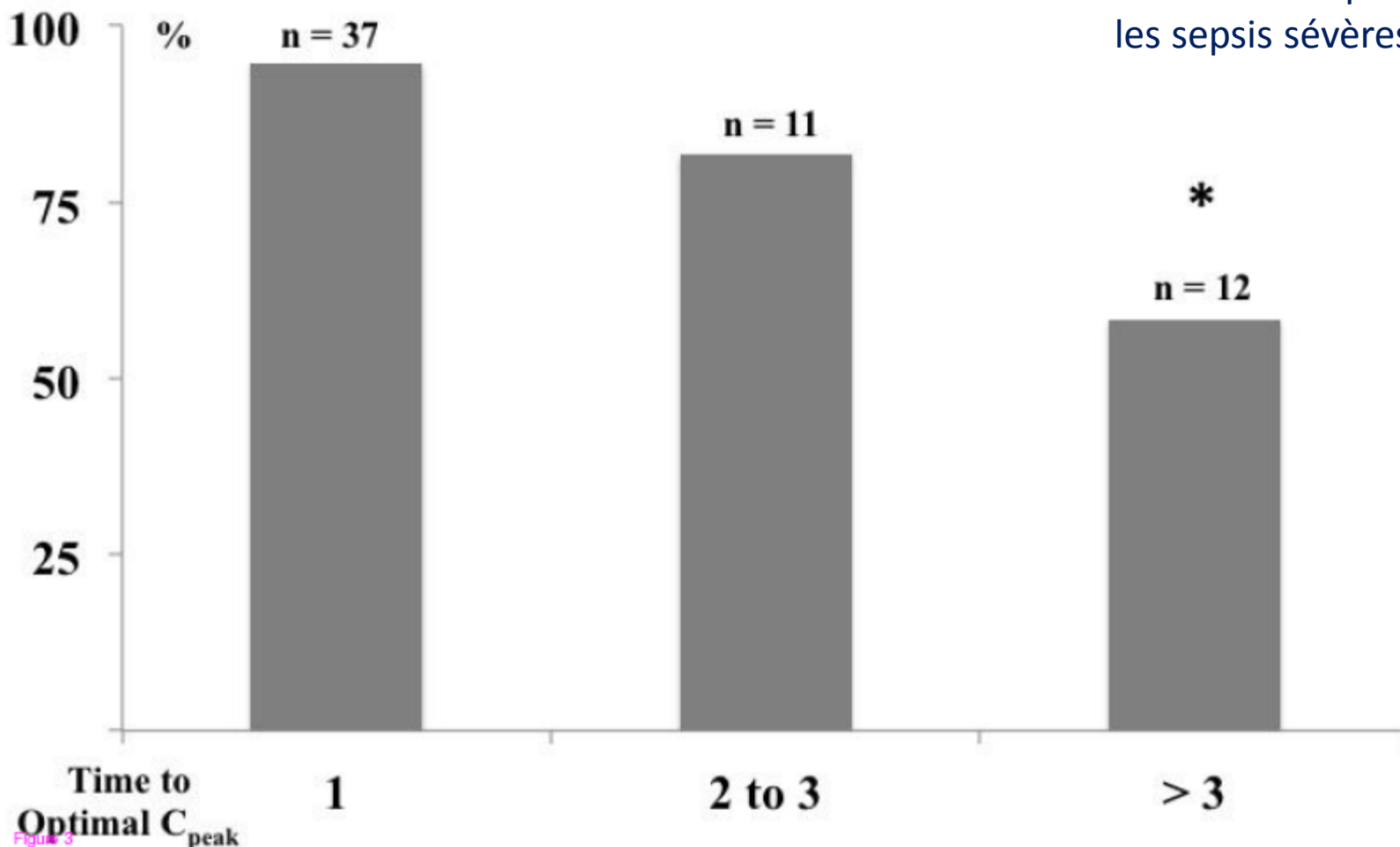


Figure 3

Traiter bien

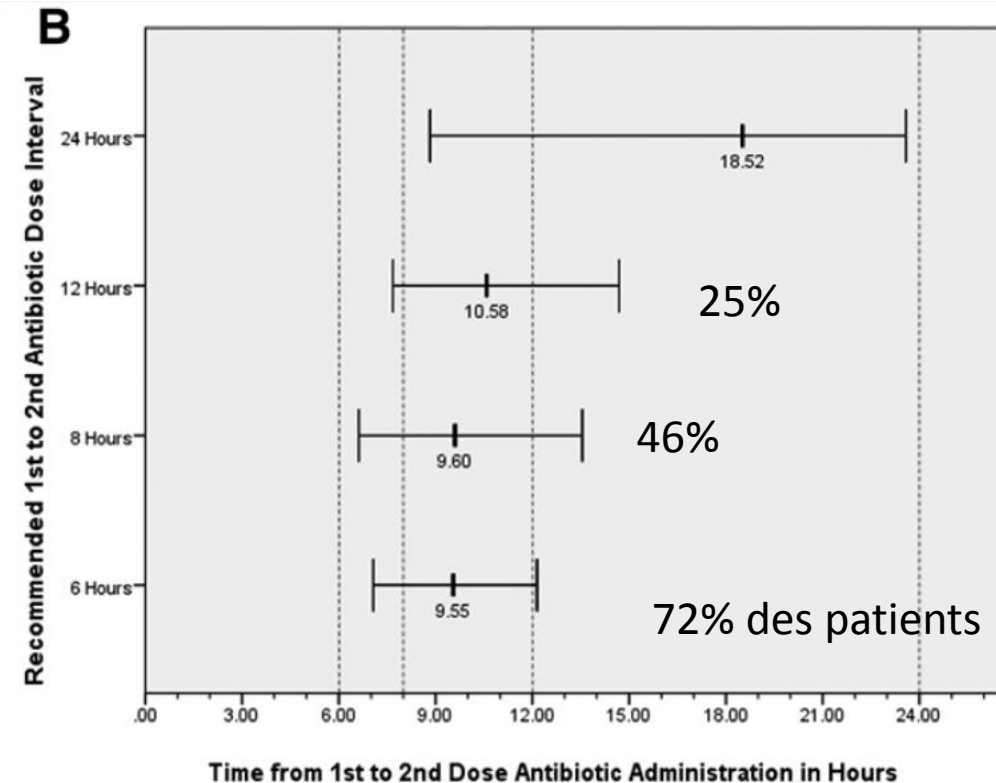
Principe n°5 pour être approprié
Faire attention à la seconde dose etc...

Delayed Second Dose Antibiotics for Patients Admitted From the Emergency Department With Sepsis: Prevalence, Risk Factors, and Outcomes



Daniel Leisman, BS^{1,2}; Victor Huang, MD¹; Qiuping Zhou, DO¹; Jeanie Gribben, BS¹; Andrea Bianculli, BS¹; Michelle Bernshteyn, BS³; Mary Frances Ward, RN, MS, ANP^{4,5}; Sandra M. Schneider, MD^{1,6}

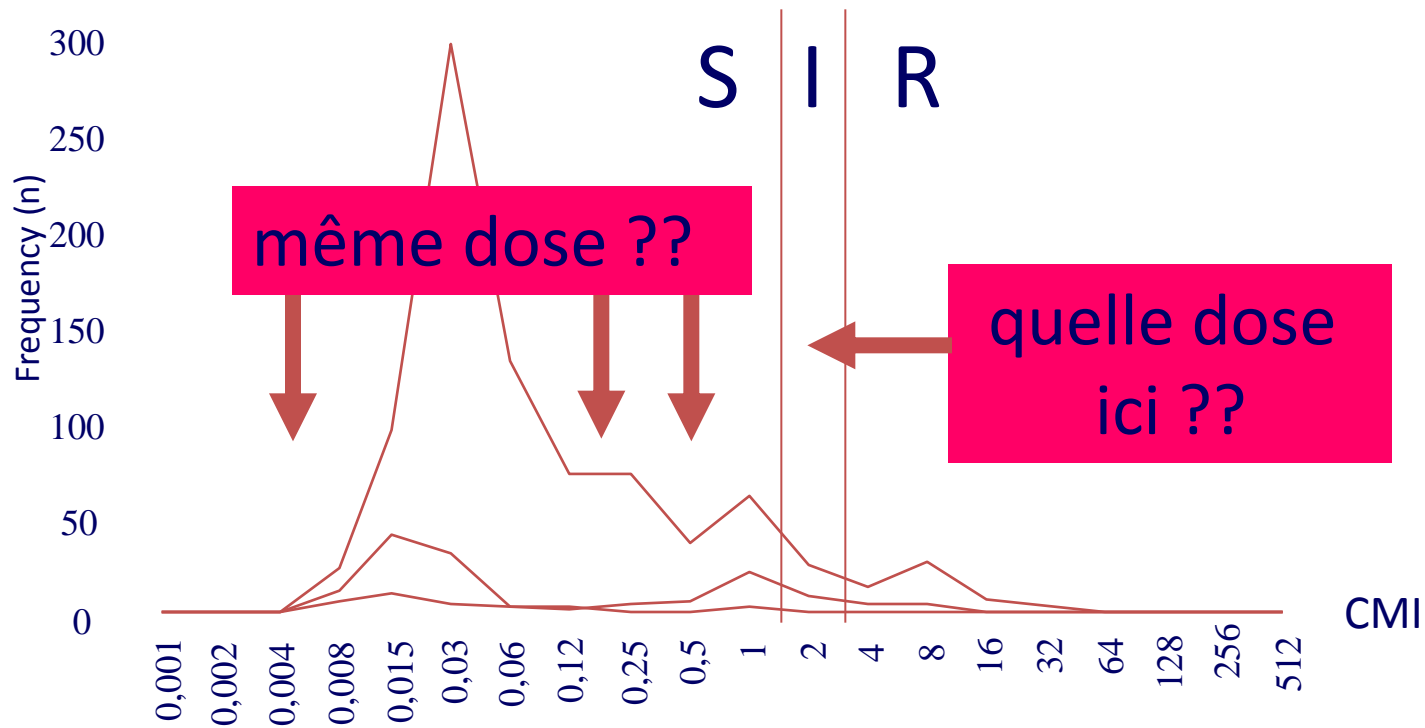
2017



Globalement 33% de retard

Traiter bien

Principe n°6 vite récupérer la CMI
pour adapter éventuellement le traitement



Direct E-Test (AB Biodisk) of Respiratory Samples Improves Antimicrobial Use in Ventilator-Associated Pneumonia

Emilio Bouza,¹ María V. Torres,¹ Celina Radice,¹ Emilia Cercenado,¹ Roberto de Diego,² Carlos Sánchez-Carrillo,¹ and Patricia Muñoz¹



Table 3. Outcome of 250 episodes of ventilator-associated pneumonia (VAP).

Outcome	E-test group (n = 167)	Control group (n = 83)	P
Fever, mean days ± SD	4.61 ± 5.06	7.84 ± 6.24	<.01
Antibiotic therapy, mean days ± SD	15.72 ± 9.47	18.92 ± 10.92	.02
Defined daily doses of antibiotic therapy, mean ± SD	31.43 ± 24.47	42.72 ± 34.13	.01
Median cost, in €, of antibiotic per episode (IQR)	666 (236–1360)	984 (437–1601)	.03
Percentage of adequate days of antibiotic therapy	95.22	76.26	<.01
Percentage of adequate defined daily doses of antibiotic therapy	91.28	68.26	<.01





Contents lists available at SciVerse ScienceDirect

Diagnostic Microbiology and Infectious Disease

journal homepage: www.elsevier.com/locate/diagmicrobio



Bacteriology

Direct testing of bronchoalveolar lavages from ventilator-associated pneumonia patients ☆☆☆☆☆☆☆☆☆

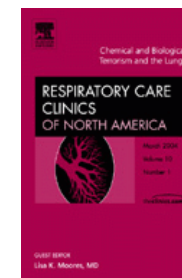
2012

Alexandre Boyer ^{a,b,c,*}, José Medrano ^a, Fatima Mzali ^{b,d}, Claude-Charles Balick-Weber ^a, Emilie Bessède ^e, Walter Picard ^a, Benjamin Clouzeau ^a, Cécile M Bébéar ^e, Frédéric Vargas ^a, Gilles Hilbert ^a, Anne Marie Rogues ^{b,c}, Didier Gruson ^a

Tailoring Empirical Antimicrobial Therapy in Subjects With Ventilator-Associated Pneumonia With a 10-Hour E-Test Approach

2018

Alexandre Boyer MD PhD, Julien Goret MD, Benjamin Clouzeau MD, Antoine Romen MD, Renaud Prevel MD, Edouard Lhomme MD, Frédéric Vargas MD PhD, Gilles Hilbert MD PhD, Cecile Bébéar MD PhD, Didier Gruson MD PhD, and Fatima M'Zali PhD



Lecture CMI H24

par référent bactério et classement R, I, S



Fig. 1. Example of a monomicrobial VAP.

Lecture CMI H10 (possible dans 64% des PAVM)



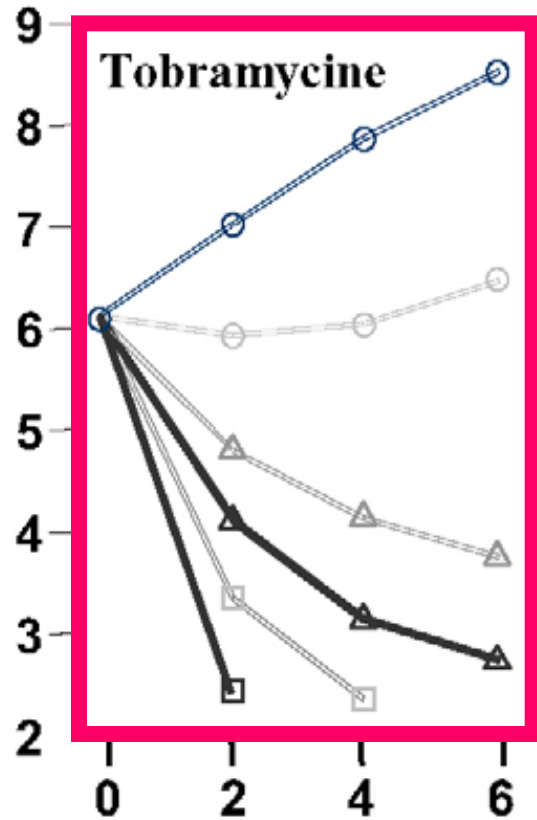
Traiter bien

Principe n°7 respecter les grands principes PK-PD

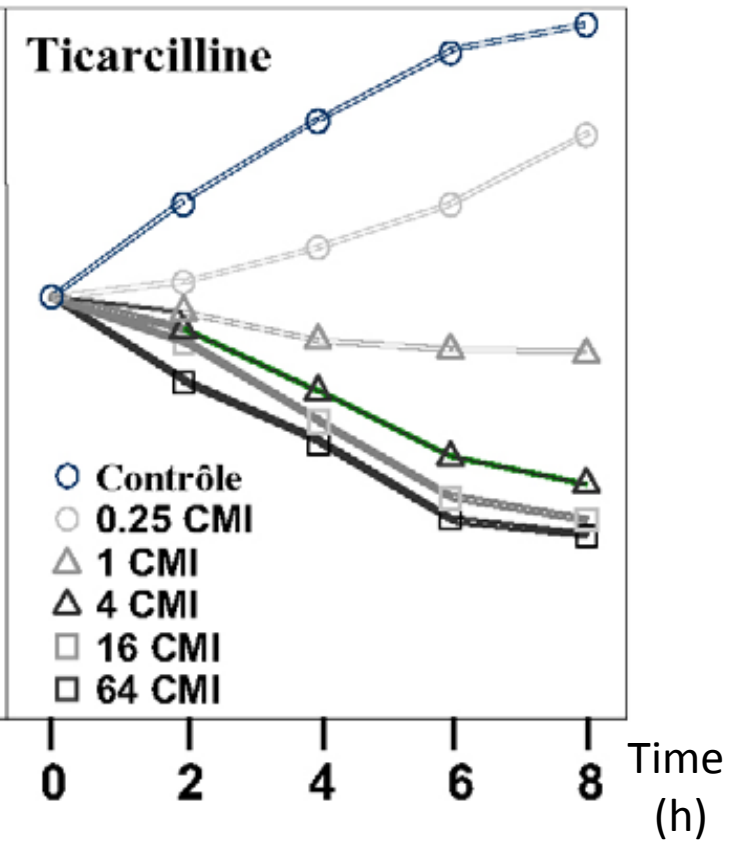
selon les familles d'ATB

ATB concentration-dépendants

Log₁₀ CFU/mL



Ticarcelline



Concept de forte monodose, < 5jours

- Haute dose pas plus toxique car la fixation sur les cellules du tubule rénal proximal est saturable ce qui les protège en cas de fortes concentrations
- De plus, effet post antibiotique et résistance adaptative



2007



George L Drusano University of Florida , Gainesville
Infectious Diseases, Applied Mathematics
M.D.
#148.02

Mise au point • mars 2011

Mise au point sur le bon usage des aminosides administrés par voie injectable : gentamicine, tobramycine, nétilmicine, amikacine

2011

aucune recommandation n'établit la façon de monitorer les aminosides **en réanimation** pour s'adapter à une balance bénéfice risque modifiée

Recommandations actuelles

1^{ère} dose sur 30' IV lente dans 250 cc de G5%

Gentamicine: 7-8mg/kg

Amikacine: 20-30 mg/kg/j



ne doit pas être systématique, mais réservé à certaines situations. En cas de traitement \leq à 3 jours, aucun dosage n'est nécessaire chez les patients pour lesquels aucune modification des paramètres pharmacocinétiques n'est attendue.

Dosage des concentrations pic 30 minutes après la fin de la perfusion sur une autre voie que la voie de passage

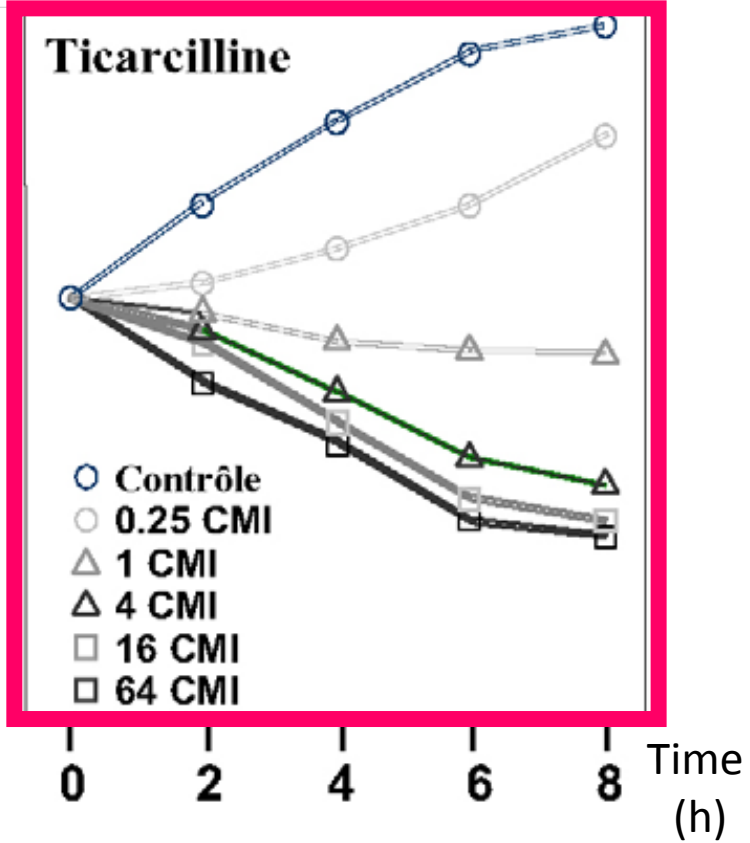
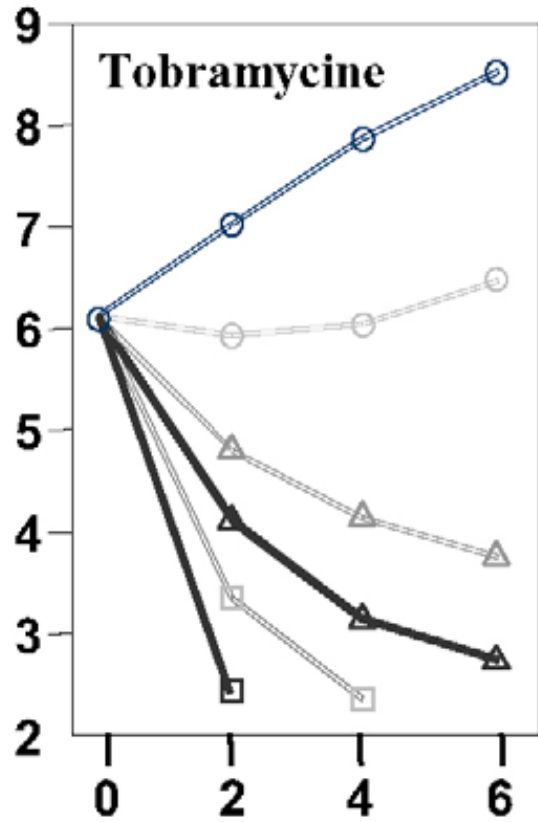
Objectifs:
- avant CMI

Tableau 1: Objectifs de concentrations

	Pic (Cmax) en mg/l	Résiduelle (Cmin) en mg/l
Gentamicine, nétilmicine, tobramycine	30 à 40	< 0,5
Amikacine	60 à 80	< 2,5

ATB temps-dépendants

Log₁₀ CFU/mL



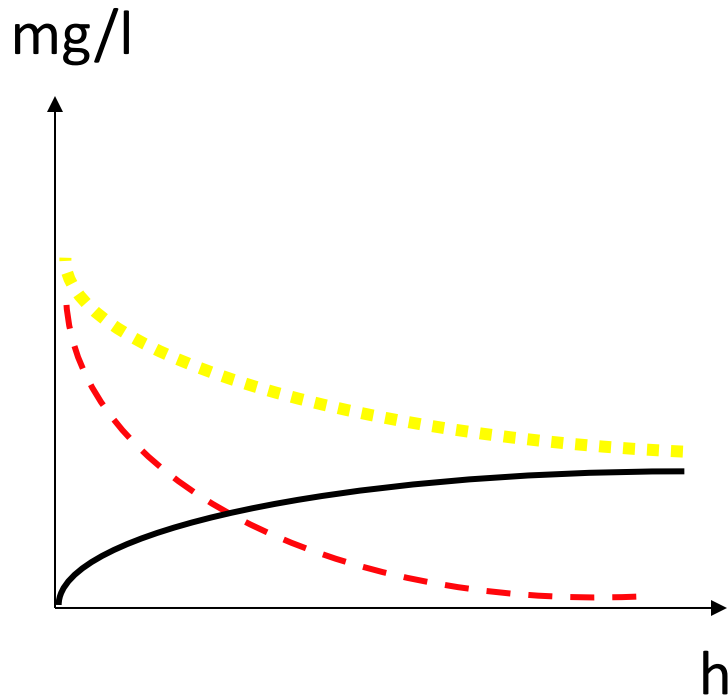
Peu d'EPA, ½ vie d'élimination courte

$\Delta t > 4 \times \text{CMI} = 100\%$ du temps

- Perfusion continue à Conc = 4 à 8 x CMI
- Fractionnement important des doses /4h
- Perfusion prolongée
- Antibiotique à demi-vie longue = ceftriaxone

D'autant plus que **bactérie I** (point critique PK/PD pour les BL 8 µg/ml) et que **terrain à risque PK** (réa, infections sévères, inoculum lourd, matériel étranger, neutropéniques, immunodéprimés)

Si perfusion continue, faire une dose de charge



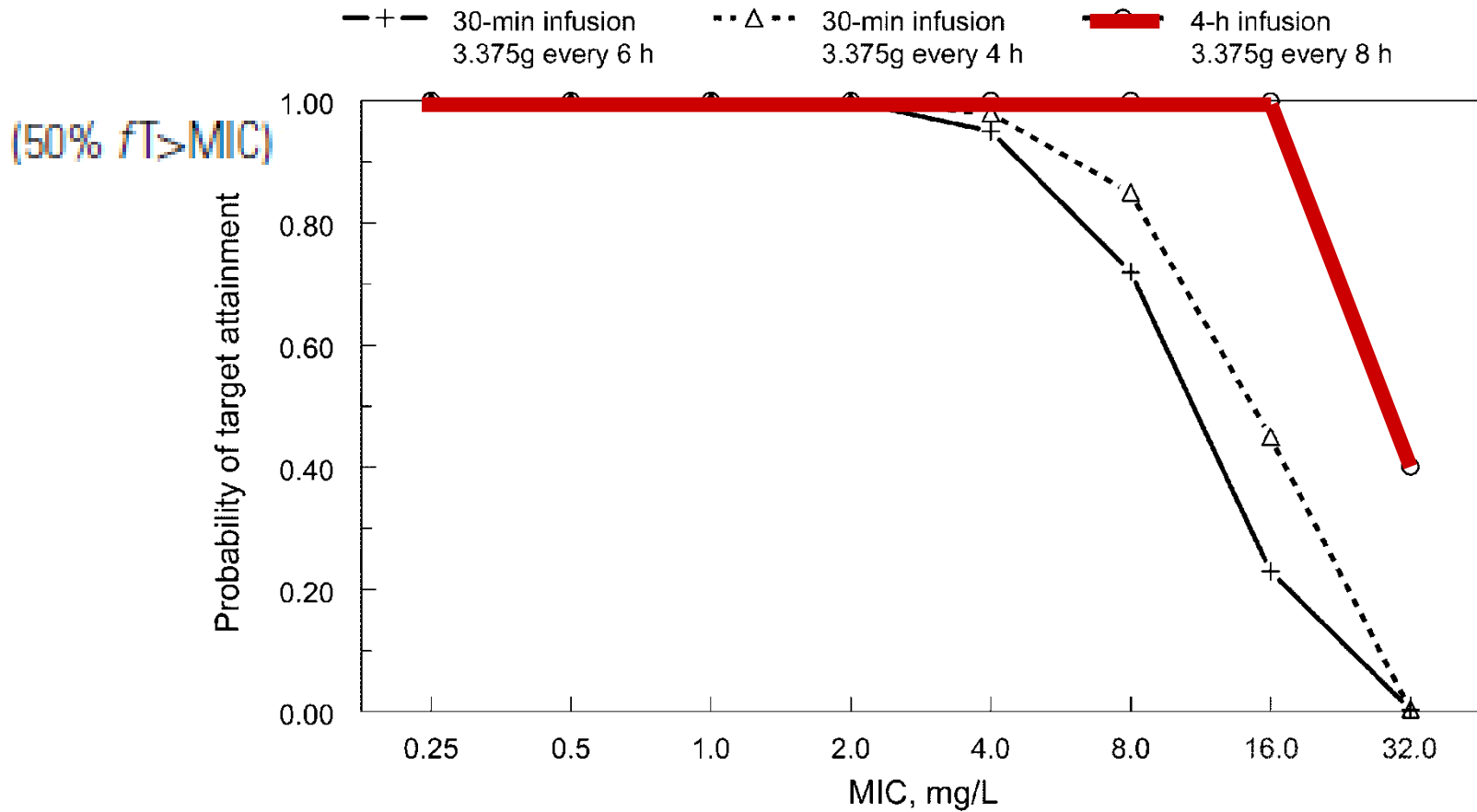
- Perfusion 250 mg/h
- - - Bolus 2 g
- IV 2g + perfusion

- Réduire le délai pour $C > CMI$
- Minimiser le risque de sous dosage si V_d augmentée
- Favoriser la rapidité de la diffusion extravasculaire

Lodise
2007



Piperacillin-Tazobactam for *Pseudomonas aeruginosa* Infection: Clinical Implications of an Extended-Infusion Dosing Strategy



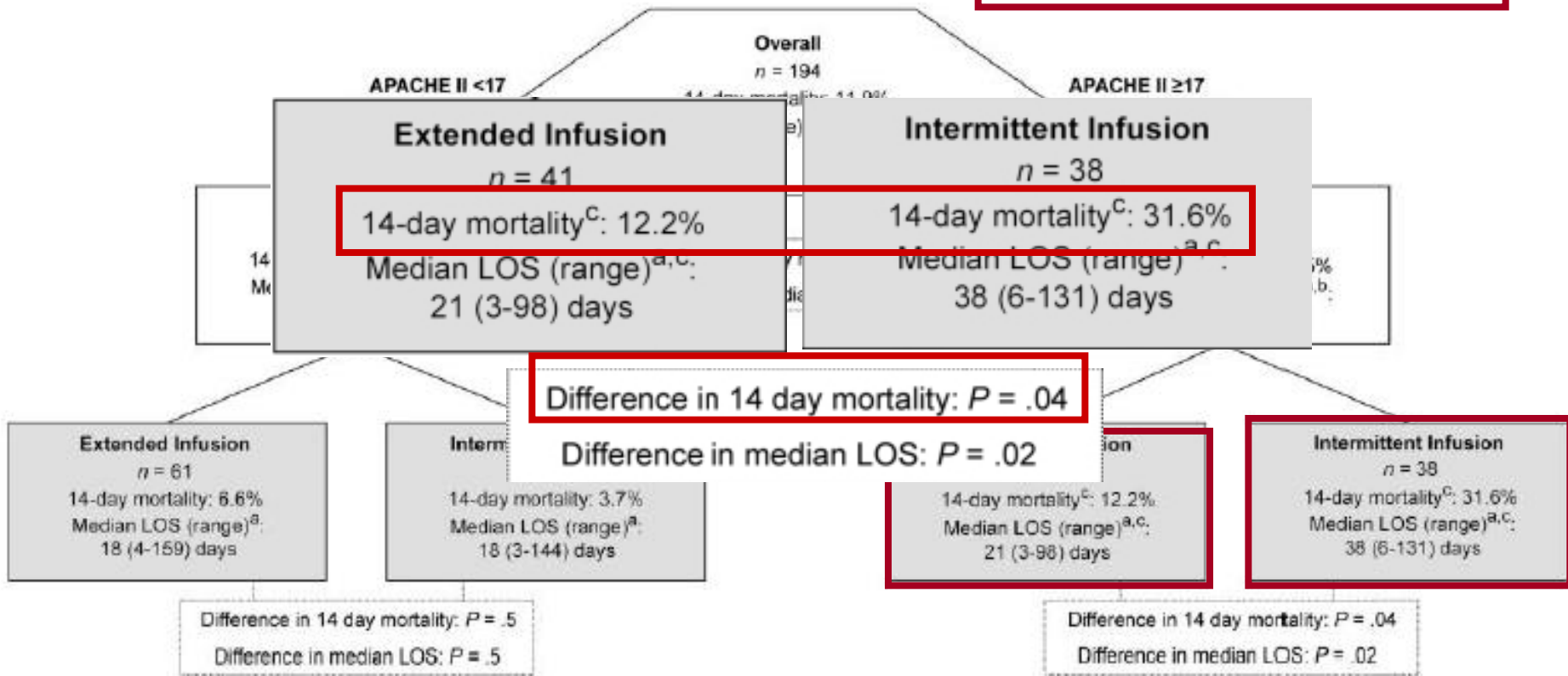


Piperacillin-Tazobactam for *Pseudomonas aeruginosa* Infection: Clinical Implications of an Extended-Infusion Dosing Strategy

30-min infusion
3.375g every 6 h
or
30-min infusion
3.375g every 4 h

VS

4-h infusion
3.375g every 8 h



Continuous versus Intermittent β -Lactam Infusion in Severe Sepsis

A Meta-analysis of Individual Patient Data from Randomized Trials

Jason A. Roberts^{1,2,3,4}, Mohd-Hafiz Abdul-Aziz^{2,5}, Joshua S. Davis^{6,7}, Joel M. Dulhunty^{1,2,8}, Menino O. Cotta^{1,2,3,4}, John Myburgh^{9,10}, Rinaldo Bellomo^{11,12}, and Jeffrey Lipman^{1,2}



2016

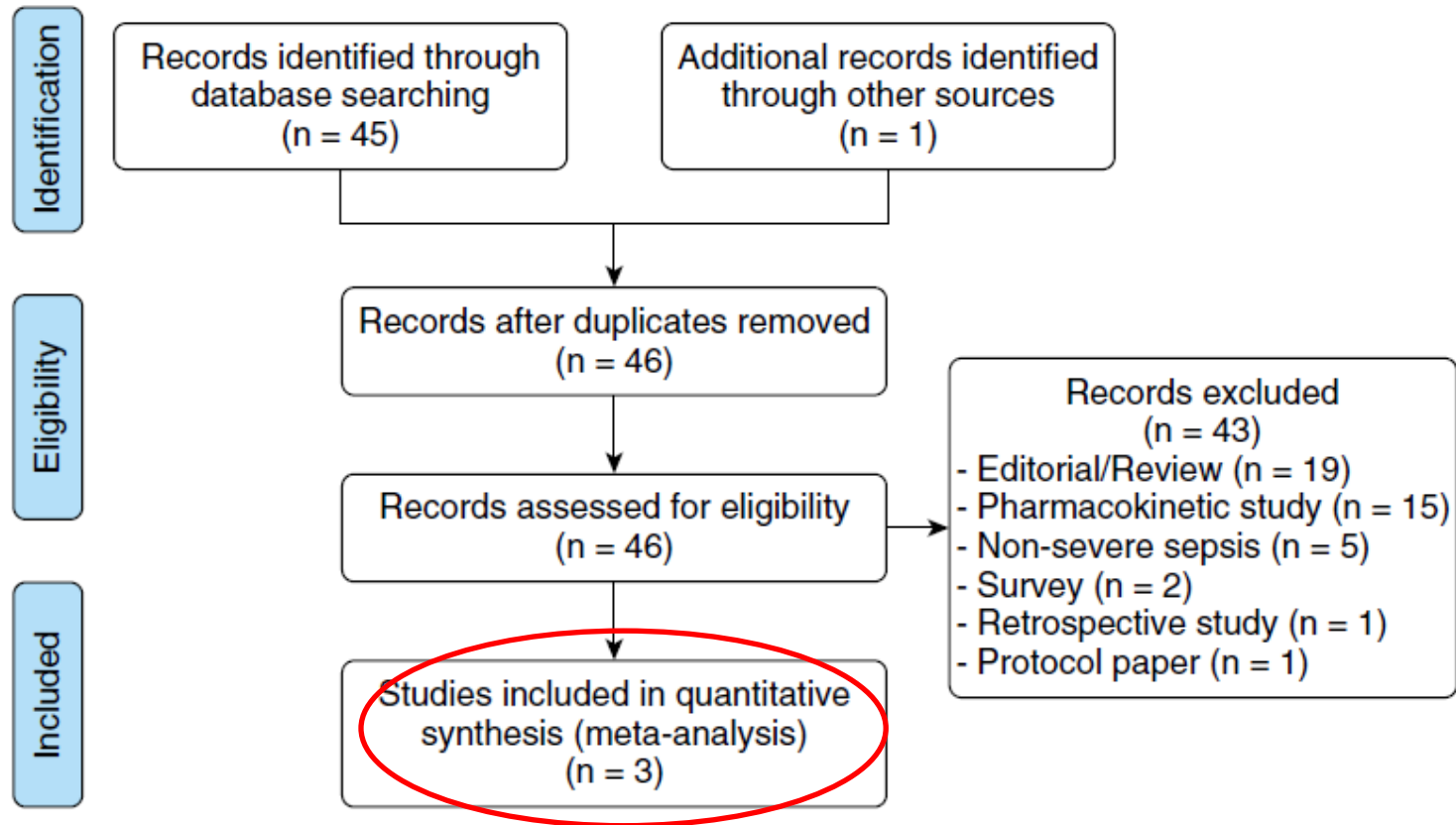


Figure 1. Preferred Reporting Items for Systematic reviews and Meta-Analyses flowchart for identification of included studies.

Continuous Infusion of Beta-Lactam Antibiotics in Severe Sepsis: A Multicenter Double-Blind, Randomized Controlled Trial

Joel M. Dulhunty,^{1,2}
Charudatt Shirwadkar



Steven A. R. V...
David L...



⁴ Charles Gomersall,⁵
Jeffrey Lipman¹

infectious disease, 2013
intermittent

A Multicenter β-Lactam In

Contin

Joel M. Dulhunty^{1,2}
Charles Gomersall¹
Therese Starr^{1,2}, Sa



⁵, Steven
Eastwood⁸,
the BLING I



Bellomo^{8,9},
David L. Paterson^{15,16},
MICS Clinical Trials Group*

Mohd H. Abdul-A
Helmi Sulaiman
Mohd-Basri Mat-
Vineya Rai
Kang K. Wong
Mohd S. Hasan
Azrin N. Abd Ra
Janattul A. Jamal
Steven C. Wallis
Jeffrey Lipman
Christine E. Sta
Jason A. Roberts



infusio
, two-c
control
intermittent |
patient



2015
sepsis (BLISS):
controlled
continuous
infusion
sepsis

published (2016)

Continuous versus Intermittent β -Lactam Infusion in Severe Sepsis

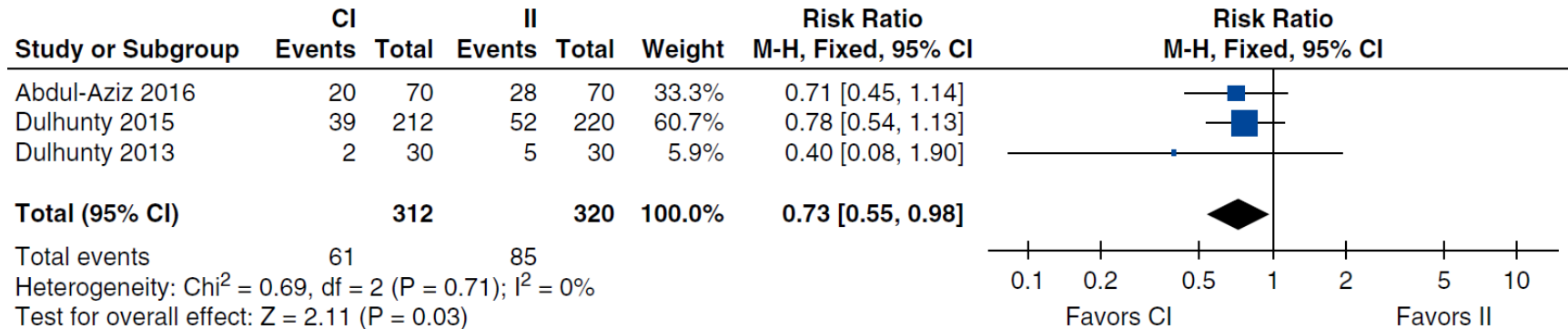
A Meta-analysis of Individual Patient Data from Randomized Trials

Jason A. Roberts^{1,2,3,4}, Mohd-Hafiz Abdul-Aziz^{2,5}, Joshua S. Davis^{6,7}, Joel M. Dulhunty^{1,2,8}, Menino O. Cotta^{1,2,3,4}, John Myburgh^{9,10}, Rinaldo Bellomo^{11,12}, and Jeffrey Lipman^{1,2}

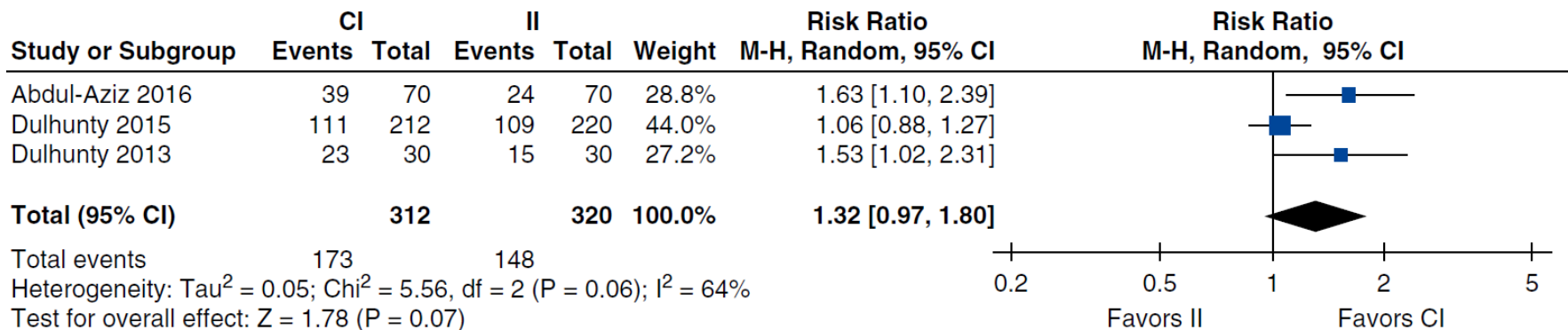


2016

Mortalité J30



Clinical cure (7-14j après ATB)



Principe n°8 ne pas oublier le contrôle de la source

Impact of Source Control in Patients With Severe Sepsis and Septic Shock



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5. Dellinger RP, Levy MM, Rhodes A, et al; Surviving Sepsis Campaign Guidelines Committee including the Pediatric Subgroup: Surviving sepsis campaign: International guidelines for management of severe sepsis and septic shock: 2012. *Crit Care Med* 2013; 41:580–637

control be undertaken within 12 hours of diagnosis (5), up from 6 hours in the previous guidelines. This increase was based on a recent retrospective study in 106 patients with sep-

21. Boyer A, Vargas F, Coste F, et al: Influence of surgical treatment timing on mortality from necrotizing soft tissue infections requiring intensive care management. *Intensive Care Med* 2009; 35:847–853

off times (21). Although it is reasonable to assume that rapid

Influence of surgical treatment timing on mortality from necrotizing soft tissue infections requiring intensive care management

Boyer

2009



33 patients avec fasciites en choc septique

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Table 4 Results of multivariate analysis of hospital mortality in patients with severe NSTI

Variables	Adjusted OR	95% CI	P value
SAPS II	1.15	1.04–1.26	0.02
Cardiovascular disease			
No	1	–	
Yes	13.9	1.8–106	0.01
Localization			
Extremities	1	–	
Abdominoperineal	15.1	1.5–149	0.002
Time from first signs to diagnosis; <i>n</i> = 99 ^a			
>72 h	1	–	
≤72 h	0.09	0.01–0.68	0.02
Time from diagnosis to surgery in patients with septic shock; <i>n</i> = 33 ^b			
≤14 h	1	–	
>14 h	34.5	2.05–572	0.007

24h

diagnosis

Time from diagnosis to surgical treatment

Conclusion et messages importants (et simples) dans le choc septique

- ❑ Faire le diagnostic d'infection rapidement
 - ❑ Évaluer la gravité avec le quickSOFA
 - ❑ Administrer des ATB aussi vite que possible
 - ❑ Appeler le chirurgien et le convaincre
 - ❑ Documenter l'infection juste avant les ATBs sans perdre de temps
 - ❑ Ne pas se tromper de cible microbiologique
 - ❑ Associations (...à Aminosides)
 - ❑ First dose supremacy
 - ❑ Pas de délai 2nde dose
 - ❑ Tenir compte de CMI
 - ❑ PK-PD simple
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